

Pulse Frequency Fluctuations of Persistent Accretion Powered Pulsars

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ABSTRACT

In this study, we examine the long-term torque noise fluctuations of persistent X-ray binaries Her X-1, Vela X-1, GX 301-2, Cen X-3, 4U 1538-53, OAO 1657-415, and 4U 1626-67 using the historical pulse frequency measurements provided by *CGRO/BATSE* and *Fermi/GBM*. We find that known disk-fed sources exhibit a $1/\omega^2$ red noise component in their power density spectra which is saturated over long timescales. On the other hand, wind-fed sources form a clear white noise component, and the wind-fed sources with occasional transient disk formation imprint $1/\omega$ type flicker noise. We discuss their long-term timing noise properties based on the models to describe the power density spectrum of pulse frequency derivative fluctuations in terms of monochromatic and colored noise processes. Furthermore, we investigate the relation between measured timing noise strengths and other independently measured physical parameters. Despite the low number of sample sources, we suggest that the noise strengths of these sources are correlated with their luminosities and uncorrelated with their magnetic field strengths, implying that the dominant noise-generating mechanism is accretion.

Key words: X-rays: binaries – pulsars: general – accretion – methods: data analysis

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1 INTRODUCTION

The study of pulsar timing is beneficial in many areas of astrophysics, and its applications are growing daily. In the early years of their discovery, pulsar timing analysis was used to investigate phenomena like the preciseness of their rotation and the physics of their pulsed emission; however, in recent years, timing analysis has gained popularity and is used in many other crucial areas of astrophysics, such as detection of gravitational waves ([Abbott et al. 2017](#)), tests of the general theory of relativity ([Stairs 2003](#)), determination of the precise mass of neutron star and the study of ultra-dense matter (see, e.g., [Özel & Freire 2016](#) and references therein) among others. In principle, the newly emerging areas of astrophysics study the timing irregularities of a source and conclude accordingly. Thus, despite their precise rotational motions, pulsars have sporadic irregularities in their rotation, and these irregularities are classified into two main groups: glitches and timing noise. Glitches are sudden jumps in the spin frequency, and until very recently, they were observed only in isolated pulsars. Nevertheless, [Serim et al. \(2017b\)](#) reported a glitch from the pulsar SXP 1062, marking it the first observable glitch detected in a binary system.

Apart from the glitches, timing irregularities that are classified as timing noise are referred to as the stochastic wandering in the residuals of a particular set of time of arrivals (TOAs) after fitting the data with an appropriate model. Very soon after their discovery, pulsars were observed to have random walks in either phase (PN), frequency (FN) or spin-down rate (SN) ([Boynton et al. 1972](#)), and such noise structures can be probed through their power density spectra (i.e., time-dependent noise amplitude distribution). Throughout the years, there have been many studies regarding the timing noise of particular groups of pulsars, either via statistical correlations of timing noise amplitudes with other physical parameters in a selected pulsar subclass or through the investigation of power density spectra of individual sources ([Groth 1975](#); [Cordes 1980](#); [Arzoumanian et al. 1994](#); [Shannon & Cordes 2010](#); [Namkham et al. 2019](#); [Goncharov et al. 2020](#); [Parthasarathy et al. 2019](#); [Lower et al. 2020](#); [Parthasarathy et al. 2020](#)). For instance, [Cordes & Helfand \(1980\)](#) studied the timing noise of 50 isolated pulsars for the first time; [Hobbs et al. \(2010\)](#) studied the timing noise of 366 radio pulsars for up to 35 years of data; [Shannon & Cordes \(2010\)](#) studied the timing noise of millisecond pulsars; [Çerri-Serim et al. \(2019\)](#) studied the timing noise of magnetars, and the timing noise of the pulsars in the binary systems was studied by [Baykal & Ögelman \(1993\)](#). On the other hand, detailed power spectra of several accreting pulsars are investigated comprehensively by [Bildsten et al. \(1997\)](#) with BATSE data.

Accretion-powered pulsars reside in binary systems, and their emission is empowered through

accreted material from companion stars within the system (see Section 5 for the general properties of each system studied in this paper). The accretion onto the pulsars can occur via Roche lobe overflow (RLO), wind accretion, or a combination of these two mechanisms, depending on the type and characteristics of the companion star. The frequency evolutions of neutron stars residing in binary systems are dominated by accretion torques. They are usually much more variable than isolated pulsars due to inhomogeneities in the accretion flow. The individual sources that are the focus of this study are persistent systems characterized by their perpetual emission in X-rays. Since their discovery in the early 1970s, these sources have been the subject of continuous and frequent monitoring due to their persistent emission, which has allowed for an extensive and lengthy set of frequency measurements, mainly maintained by *Fermi*/GBM and *BATSE* which makes such sources good candidates for examining the timing noise on different timescales.

In this work, we present a comprehensive study of the timing noise power density spectra of seven persistent accretion-powered pulsars using the comprehensive data set from *CGRO*/BATSE, and *Fermi*/GBM combined, allowing us to examine the timing noise behavior at longer timescales. Furthermore, we also investigate possible correlations of the timing noise amplitudes with other physical parameters, such as B -field and luminosity, and then compare the results with timing noise amplitudes of magnetars (Çerri-Serim et al. 2019) and radio pulsars (Hobbs et al. 2010) in similar timescales, aiming to comprehend their noise behavior in a broader range in terms of pulsar population.

2 DATABASES

To examine the pulse frequency fluctuations of persistent X-ray binaries, we utilize the existing frequency measurements in the literature, which are provided by *Fermi*/GBM¹ and *CGRO*/BATSE² monitoring programs. Besides the transient systems, the monitoring campaigns also continuously trace eight persistent systems: Her X-1, Vela X-1, GX 301-2, Cen X-3, 4U 1538-53, GX 1+4, OAO 1657-415, and 4U 1626-67. In this study, we examine all of these sources except GX 1+4, which is comprehensively studied in terms of time-dependent noise strengths by Serim et al. (2017a). For the remaining seven pulsars, we compile the spin frequency histories generated via measurements of *Fermi*/GBM and *CGRO*/BATSE to achieve the longest possible time interval of input data sets, which will allow us to estimate the noise strengths at longer timescales.

¹ <https://gammaray.nsstc.nasa.gov/gbm/science/pulsars.html>

² <https://gammaray.nsstc.nasa.gov/batse/pulsar/>

Due to the time gap between the *CGRO/BATSE* and *Fermi/GBM* monitoring programs, the frequency histories for most of the sources span a period of ~ 10000 days with a ~ 3000 days pause in between. For Her X-1, the number of frequency measurements provided by *CGRO/BATSE* is very limited. Thus, we exclude those measurements from our analysis. However, we gather an earlier set of measurements provided in literature (Nagase 1989). For the timing noise strength calculation at the most extended timescale, we utilize the entire data set consisting of both *Fermi/GBM* and *CGRO/BATSE* data (see Section 3), or the frequency data set collected from the literature (in the case of Her X-1). However, for the shorter timescales, we use only *Fermi/GBM* data set, which provides more precise spin frequency measurements.

3 TIMING NOISE ANALYSIS

Using all the input data, we proceed towards estimating the timing noise strength for each source on various timescales and investigate their noise characteristics. In the literature, there are several distinct approaches to estimate the amplitude of noise of spin frequency fluctuations (e.g., Arzoumanian et al. 1994; Boynton et al. 1972; Deeter 1984; Cordes & Downs 1985; Hobbs et al. 2010; Lower et al. 2020). In this study, we utilize the rms-value technique to calculate the noise strengths of the pulsars (Boynton et al. 1972; Deeter 1984; Cordes & Downs 1985). In this technique, the rms values of the residuals $\langle \sigma_R(m, T) \rangle$ after removal of a polynomial function of order m on a timescale T is connected to the noise strength S_r of order r as

$$S_r = \frac{\langle \sigma_R^2(m, T) \rangle}{T^{2r-1} \langle \sigma_R^2(m, 1) \rangle_u} \quad (1)$$

where $\langle \sigma_R^2(m, 1) \rangle_u$ is the normalization factor of unit timescale ($T = 1$) for unit timing noise strength ($S_r = 1$). As indicated through Equation 1, the rms values of residuals depend on two parameters: the degree of the polynomial m that is used to describe the regular rotational motion of the pulsar and the time span of the input data set T . On the other hand, the normalization factor of the expected rms values can be determined by direct calculations (Deeter 1984) or through simulations (Scott et al. 2003). To describe the regular spin evolution of the selected pulsars, we use a quadratic polynomial fit (i.e., $m = 2$) for the input data series, which removes up to the $\dot{\nu}$ component and presume the remaining residuals as noise component. The extracted residuals of the fit are used to estimate the timing noise amplitude for the maximum timescale T_{max} which is limited by the length of the input data, which consists of both *CGRO/BATSE* and *Fermi/GBM* measurements.

The same procedure is repeatedly applied for shorter timescales by halving the data set in each case (i.e., $T_{max}/2$, $T_{max}/4$...) until the resultant noise amplitude matches with the instrumental noise level³. For the timescales except from T_{max} , we use only *Fermi*/GBM measurements. In our work, we directly utilize the corresponding normalization factor coefficients reported by (Deeter (1984):Table 1). Then, we determine the power density estimate in each timescale by accumulating the logarithmically re-binned noise strength measurements. Finally, the calculated power density estimates are mapped with their corresponding analysis frequencies (ω) to generate the power density spectra of pulse frequency fluctuations. We further check the form of the power density spectra using the residuals after the removal of cubic trends (i.e., $m = 3$) in the frequency histories. We find that the noise strength measurements and power density estimations remain stable for cubic trends as well.

4 MODELING OF POWER SPECTRA

The shape of the power density spectrum reflects the type of noise structure of the pulse frequency fluctuations for a particular source. For example, when the power density spectrum is flat and has a white noise structure (i.e., a power density distribution which is independent of analysis frequency), it implies a noise process of uncorrelated events. On the other hand, when the distribution of the noise amplitudes is analysis frequency dependent, the noise of the pulse frequency fluctuations is characterized by a red noise structure which can be induced by correlated torque-noise processes, such as accretion from a disk.

For example, a monochromatic exponential shot-noise process can yield a $1/\omega^2$ red noise component (Burderi et al. 1997). In this case, each torque event is assumed to be identical and exponentially decays on a timescale τ . If a time-dependent external torque generated by accretion flow can be described as:

$$I2\pi\dot{\nu}(t) = N_{\text{ext}}(t) = N_0 e^{-t/\tau} \quad (2)$$

where N_0 is the mean torque amplitude at event start time ($t = 0$). If there are many events, each occurring at the time t_i ($i = 0, 1, 2, \dots$), each of them will alter the spin frequency derivative of the pulsar as $\delta\dot{\nu}$; then the sequential occurrence of such torque events will lead to a total spin frequency derivative change of $\Delta\dot{\nu}$ as:

$$\Delta\dot{\nu}(t) = \sum_i -\frac{\delta L_i}{I\tau} e^{-\frac{1}{\tau}(t-t_i)} \quad \text{for } t > t_i \quad (3)$$

³ The instrumental timing noise level is the noise strength level that corresponds to the measuremental errors of the input spin frequencies.

where δL_i is the angular momentum change during each event. Note that δL_i can be both positive or negative, corresponding to the spin-up ($\delta L_{i,p}$) and spin-down ($\delta L_{i,n}$) cases (Hereafter, we use subscripts p and n for positive and negative events, respectively). If we assume that each torque event occurs at the same amplitude ($\delta L_{i,p} = \delta L_p = \text{constant}$ and $\delta L_{i,n} = \delta L_n = \text{constant}$), the Fourier transform for $\Delta\dot{\nu}$ becomes:

$$\begin{aligned} F_{p,n}(\omega) &= \int_{-\infty}^{+\infty} \sum_i -\frac{\delta L_{p,n}}{I\tau} e^{-\frac{1}{\tau}(t-t_i)} e^{-i\omega t} dt \\ &= -\frac{\delta L_{p,n}/I}{1+i\tau\omega} \sum_i e^{i\omega t_i}. \end{aligned} \quad (4)$$

where subscripts p and n denote positive and negative torque events separately. Assuming that the events take place randomly during a total time interval T and they adhere to Poisson distribution with a mean value of $R_{p,n}T$ where R_p and R_n are the rate of positive and negative event occurrences. The power density spectrum of the spin frequency derivative fluctuations $P_{\Delta\dot{\nu},p,n}$ can be calculated in these cases as:

$$\begin{aligned} P_{\Delta\dot{\nu},p,n}(\omega) &= \lim_{T \rightarrow \infty} \frac{1}{T} |F(\omega)|^2 \\ &= \frac{\delta L_{p,n}^2/I^2}{1+\tau^2\omega^2} \lim_{T \rightarrow \infty} \frac{1}{T} \left\langle \left| \sum_i e^{i\omega t_i} \right|^2 \right\rangle \\ &= \frac{R_{p,n} \delta L_{p,n}^2/I^2}{1+\tau^2\omega^2}. \end{aligned} \quad (5)$$

Thus, assuming that both negative and positive events decay on the same timescale τ , the total contribution of such events will yield a power density spectrum in the form of:

$$\begin{aligned} P_{\Delta\dot{\nu}}(\omega) &= P_{\Delta\dot{\nu},p}(\omega) + P_{\Delta\dot{\nu},n}(\omega) \\ &= \left(\frac{R_p \delta L_p^2 + R_n \delta L_n^2}{I^2} \right) \left(\frac{1}{1+\tau^2\omega^2} \right). \end{aligned} \quad (6)$$

At the very low frequencies (i.e. $\tau \gg 1/\omega$), the Equation 6 converges to a constant noise strength of $(R_p \delta L_p^2 + R_n \delta L_n^2)/I^2$. At the higher frequencies, it depicts a power spectrum that is evolving as $\propto \omega^{-2}$.

On the other hand, a single noise process with a constant relaxation timescale is not sufficient to form a flicker noise (Press 1978; Burderi et al. 1997; Milotti 2002). It requires at least a colored noise process (i.e., varying relaxation timescales) to generate the observed $1/\omega$ type component in the power spectrum. Assuming that the shot-noise magnitudes and the event rates R_p and R_n remain constant but the timescale τ is varying in between τ_1 and τ_2 , the power density spectrum of

the pulse frequency derivative fluctuations takes the form:

$$P_{\Delta\dot{v}}(\omega) = \frac{1}{\tau_2 - \tau_1} \int_{\tau_2}^{\tau_1} \left(\frac{R_p \delta L_p^2 + R_n \delta L_n^2}{I^2} \right) \left(\frac{1}{1 + \tau^2 \omega^2} \right) d\tau \quad (7)$$

$$= \left(\frac{R_p \delta L_p^2 + R_n \delta L_n^2}{I^2} \right) \frac{1}{\tau_2 - \tau_1} \frac{1}{\omega} \left[\tan^{-1} \left(\frac{1}{\tau_2 \omega} \right) - \tan^{-1} \left(\frac{1}{\tau_1 \omega} \right) \right].$$

Using the expansion of the arctan series, the power density spectrum in different timescales can be approximated as:

$$P_{\Delta\dot{v}}(\omega) \approx \begin{cases} \frac{R_p \delta L_p^2 + R_n \delta L_n^2}{I^2} & \text{when } \omega \ll 1/\tau_2 \ll 1/\tau_1 \\ \frac{R_p \delta L_p^2 + R_n \delta L_n^2}{2I^2 \omega (\tau_2 - \tau_1)} & \text{when } 1/\tau_2 \ll \omega \ll 1/\tau_1 \\ \frac{R_p \delta L_p^2 + R_n \delta L_n^2}{I^2 \omega^2} & \text{when } \omega \gg 1/\tau_1 \gg 1/\tau_2 \end{cases} \quad (8)$$

The model described through Equation 8 converges to the same noise strength $(R_p \delta L_p^2 + R_n \delta L_n^2)/I^2$ found in Equation 6 for low analysis frequencies. However, for the analysis frequencies within range $[\tau_1^{-1}, \tau_2^{-1}]$, it renders a flicker noise component. For the very high analysis frequencies, Equation 8 foresees ω^{-2} proportionality. Unfortunately, this region is generally dominated by instrumental noise (or with an additional white noise component in some cases) in the power spectra illustrated in Section 5, and consequently, it is not distinguishable in our analysis.

For an arbitrary power law index Γ , the continuum of power density spectra of the colored exponential shot can be generalized as (Burderi et al. 1997):

$$P_{\Delta\dot{v}}(\omega) \approx \left(\frac{R_p \delta L_p^2 + R_n \delta L_n^2}{I^2} \right) \left(\frac{1}{1 + (\tau \omega)^\Gamma} \right). \quad (9)$$

Equations 6, 8 and 9 provide empirical descriptions for the power density spectra at longer timescales. Therefore, depending on the steepness of red noise components and the general time-dependent noise structure, we use these models to describe the power spectra of the analyzed sources. It should be noted that these empirical models imply a break ($\omega_{break} = 1/\tau$) in the power spectrum continuum: a red noise component that converges to a constant noise strength value at low frequencies. Hence, we only use the power law model to describe the power density spectrum if the break frequency is not observable. Furthermore, we model the white noise structures (i.e., when $\Gamma \simeq 0$) that appear in the power spectra with a constant noise level S_r . The resulting best-fit parameters after modeling individual spectra are presented in Table 1.

Table 1. The model parameters for power density spectra of the analyzed sources.

Source Name	Model	S_r	Γ	ω_{break}	Fit range
Vela X-1	White	$3.00 \pm 0.40 \times 10^{-20}$	–	–	$1.03 \times 10^{-9} - 2 \times 10^{-7}$
4U 1538-52	White	$6.26 \pm 0.64 \times 10^{-21}$	–	–	$1.14 \times 10^{-9} - 1 \times 10^{-7}$
4U 1626-67	Power Law	$4.30 \pm 2.00 \times 10^{-49}$	-3.5 ± 1.2	–	$1.03 \times 10^{-9} - 6.1 \times 10^{-9}$
OAO 1657-415	Equation 8	$2.59 \pm 0.26 \times 10^{-17}$	– 1	$1.25 \pm 0.19 \times 10^{-8}$	$1.15 \times 10^{-9} - 3.6 \times 10^{-7}$
	Power Law	$1.07 \pm 0.80 \times 10^{-23}$	-0.79 ± 0.06	–	$3 \times 10^{-9} - 3.6 \times 10^{-7}$
GX 301-2	Equation 8 +WN	$1.20 \pm 0.23 \times 10^{-18}$	– 1	$8 \times 10^{-9}, 5 \times 10^{-8}$	$1 \times 10^{-9} - 3.8 \times 10^{-7}$
	Power Law	$2.95 \pm 2.82 \times 10^{-23}$	-0.54 ± 0.06	–	$1 \times 10^{-9} - 5 \times 10^{-8}$
Her X-1	Equation 6	$2.10 \pm 0.40 \times 10^{-19}$	– 2	$6.4 \pm 1.60 \times 10^{-8}$	$6.2 \times 10^{-10} - 2.8 \times 10^{-7}$
	Power Law	$3.60 \pm 2.60 \times 10^{-26}$	-0.91 ± 0.08	–	$2.5 \times 10^{-8} - 1 \times 10^{-7}$
Cen X-3	Equation 6	$1.46 \pm 0.13 \times 10^{-17}$	– 2	$7.15 \pm 0.84 \times 10^{-8}$	$6 \times 10^{-9} - 4 \times 10^{-7}$
	Power Law	$4.50 \pm 3.29 \times 10^{-26}$	-1.16 ± 0.16	–	$5 \times 10^{-8} - 4 \times 10^{-7}$

Notes:

1) The parameters indicated in bold are kept frozen during model fitting.

2) S_r values correspond to the coefficient $(R_p \delta L_p^2 + R_n \delta L_n^2)/I^2$ in the aforementioned equations in Section 4.

5 SELECTED SOURCES AND THEIR NOISE SPECTRA

5.1 4U 1626-67

4U 1626-67 is an ultra-compact LMXB system composed of a pulsar and a very-low mass companion star ($< 0.1M_\odot$), called Kz TrA (Giacconi et al. 1971; McClintock et al. 1977). The accreting pulsar has a spin-period of ~ 7.68 s, a rapid orbital period of only 42 min, and an estimated distance of $3.5_{-1.3}^{+2.3}$ kpc (Middleditch et al. 1981; Chakrabarty 1998; Schulz et al. 2019; Malacaria et al. 2020). The detailed spectral studies of 4U 1626-67 with *BeppoSAX* reveals the existence of cyclotron resonant scattering feature (CRSF) around ~ 37 keV, which leads to an inferred dipole magnetic field strength of 3.2×10^{12} G (Orlandini et al. 1998). Owing to its persistent emission, the 4U 1626-67 has been monitored numerously since its discovery, and the source has undergone two major torque reversals, first in 1990 (Wilson et al. 1993) and later in 2008 (Malacaria et al. 2020). During these torque reversals, the source switches from spin-up to spin-down or vice versa with the frequency derivative magnitude in the order of 10^{-13} Hz s $^{-1}$ (Chakrabarty et al. 1997; Camero-Arranz et al. 2010).

The constructed power density spectrum (Figure 1) shows that 4U 1626-67 is characterized by a bimodal noise structure. In the timescales shorter than ~ 2000 days (or $\omega \gtrsim 6 \times 10^{-9}$ s $^{-1}$), the power density estimates are scaling up with instrumental noise level without a signature of a white noise component. On the other hand, in the timescales longer than ~ 2000 days, the power density spectrum exhibits a red noise component. The power density spectrum of 4U 1626-67 does not exhibit a low-frequency break. Thus, we describe its power spectral continuum with a power law model, which yields a power law index of $\Gamma = -3.5 \pm 1.2$. Throughout the analysis frequency range of the power spectrum, the noise strength of 4U 1626-67 varies in between $\sim 2.9 \times 10^{-18}$ to $\sim 1.4 \times 10^{-20}$ Hz 2 s $^{-2}$ Hz $^{-1}$.

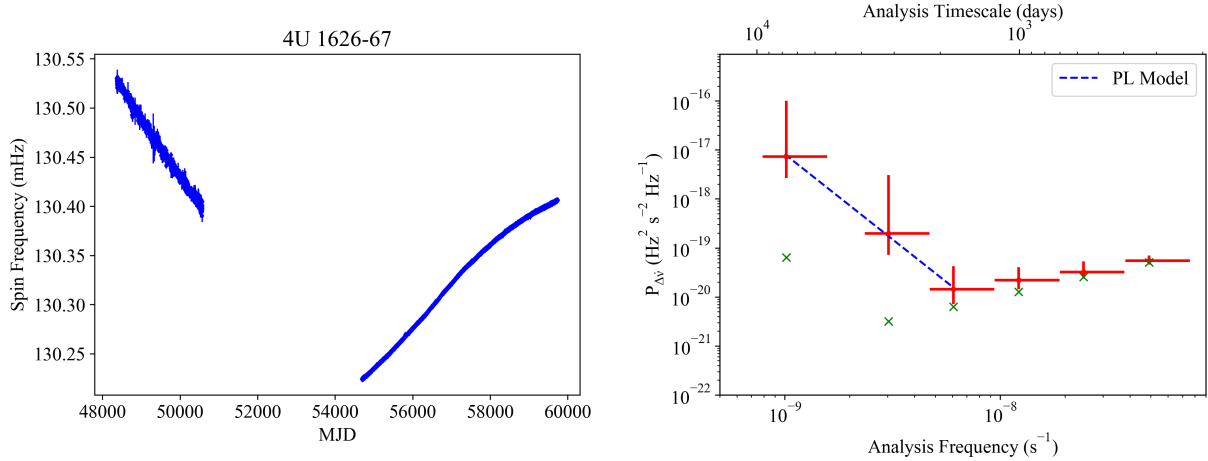


Figure 1. Left panel: The spin frequency data set of 4U 1626-67 used for noise strength analysis. Right panel: The power density spectrum of 4U 1626-67. Red marks indicate the power density estimates at corresponding analysis frequencies. Green crosses demonstrate the instrumental noise level at given analysis frequencies. The blue dashed line represents the best fit of the power law model in the analysis frequency range of $1.03 \times 10^{-9} - 6.1 \times 10^{-9} \text{ s}^{-1}$

5.2 GX 301-2

GX 301-2 is a HMXB system discovered in 1976 when *Ariel 5* satellite detected the ~ 680 s pulsations of its pulsar (White et al. 1976). The companion star is suggested to be the B1-type hypergiant, Wray 77 (Parkes et al. 1980), whose mass loss via stellar wind is estimated to be of the order of $\sim 10^{-5} M_{\odot}/\text{yr}$ (Kaper et al. 2006). The orbital period of the pulsar is relatively long ($P_{orb} \sim 41.5$ days), with high eccentricity ($e \sim 0.5$), and its X-ray flux alters depending on the orbital phase (Doroshenko et al. 2010). The inferred magnetic field of the pulsar is $\sim 3 \times 10^{12}$ G (Kreykenbohm et al. 2004) and the *Gaia* estimated distance is $3.5_{-0.5}^{+0.6}$ kpc (Malacaria et al. 2020). Early observations with *CGRO/BATSE* showed that GX 301-2 pulsar is characterized by a relatively stable rotational motion with small spin frequency fluctuations possibly originating from wind accretion (Koh et al. 1997). Nevertheless, GX 301-2 is also characterized by several relatively long (30-40 days) spin-up episodes, which are linked with a possible transition disk (Koh et al. 1997; Nabizadeh et al. 2019).

The power density spectrum of GX 301-2 is shown in Figure 2. The overall power density estimates for GX 301-2 resides in a range of $\sim 2.5 \times 10^{-19}$ to $\sim 2.5 \times 10^{-18} \text{ Hz}^2 \text{ s}^{-2} \text{ Hz}^{-1}$. The power density spectrum of GX 301-2 is characterized by a white noise structure in the short timescale measurements up to ≈ 250 days ($\omega \approx 4.5 \times 10^{-8} \text{ s}^{-1}$), which switches to a red noise structure ($\propto \omega^{-1}$) in the longer time intervals (> 250 days). The steepness of the red noise component also tends to diminish at lower frequencies ($\omega < 7 \times 10^{-9} \text{ s}^{-1}$); however, considering the low resolution of the power density estimates at these analysis frequencies, we cannot ascertain the break frequency of the power density spectrum (if there is any). Consequently, we use two separate models to represent

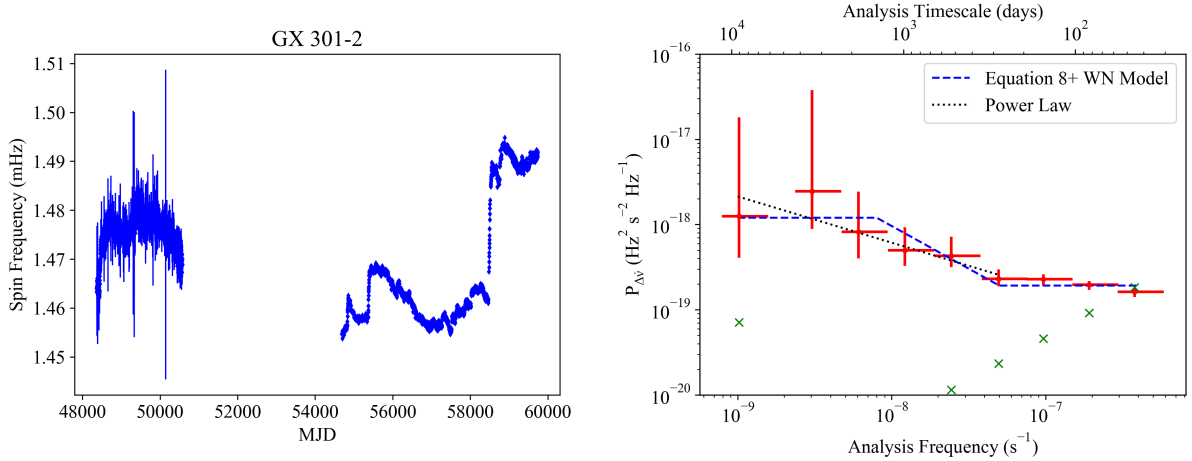


Figure 2. Left panel: the spin frequency data set of GX 301-2 used for noise strength analysis. Right panel: The power density spectrum of GX 301-2. Red marks indicate the power density estimates at corresponding analysis frequencies. Green crosses demonstrate the instrumental noise level at given analysis frequencies. The black dotted line represents the best fit of the power law model in the analysis frequency range of $1 \times 10^{-9} - 5 \times 10^{-8} \text{ s}^{-1}$. The blue dashed line indicates the best fit of Equation 8 which is modified with a white noise model at high frequencies (see text for details).

the power spectra. In the first model, we use Equation 8 to describe the power density estimates at low analysis frequencies, which is further modified with a constant to demonstrate the dominant white noise structure at high analysis frequencies. Taking the equivocacy of the break analysis frequencies into account, we freeze the break frequencies as 8×10^{-9} and $5 \times 10^{-8} \text{ s}^{-1}$ during the fitting. In the second model, we use a simple power law model for the analysis frequency range $1 \times 10^{-9} - 5 \times 10^{-8} \text{ s}^{-1}$ where the red noise component is present. In this case, the power law index Γ is obtained as -0.54 ± 0.06 .

5.3 4U 1538-52

4U 1538-52 is a HMXB system that exhibits relatively slow pulsations with a period of $\sim 527 \text{ s}$ (Davison et al. 1977). Its companion is suggested to be a B0Iab-type supergiant, QV Nor (Parkes et al. 1978). The orbital period of the system is found to be ~ 3.7 days, which decays at a rate of $\dot{P}_{orb}/P_{orb} = (0.4 \pm 1.8) \times 10^{-6} \text{ yr}^{-1}$ (Baykal et al. 2006). *Gaia* measured distance of the system is $6.6^{+2.2}_{-1.5} \text{ kpc}$ (Bailer-Jones et al. 2018), and the source is reported to have a CRSF at $\sim 23 \text{ keV}$ in its X-ray spectrum (Clark et al. 1990). The estimated magnetic field of 4U 1538-52 is $\sim 2 \times 10^{12} \text{ G}$ (Hemphill et al. 2014).

The power density spectrum of the pulse frequency derivative fluctuations of 4U 1538-52 (Figure 3) indicates that the noise strength remains constant around $\sim 4-8 \times 10^{-21} \text{ Hz}^2 \text{ s}^{-2} \text{ Hz}^{-1}$ level and the source has a white noise structure throughout almost all the analysis frequency ranges. The only exception is the excess noise measurement reaching up to $\sim 5 \times 10^{-20} \text{ Hz}^2 \text{ s}^{-2} \text{ Hz}^{-1}$ at the longest timescale. This excess noise level may hint at a formation of a red noise component at lower

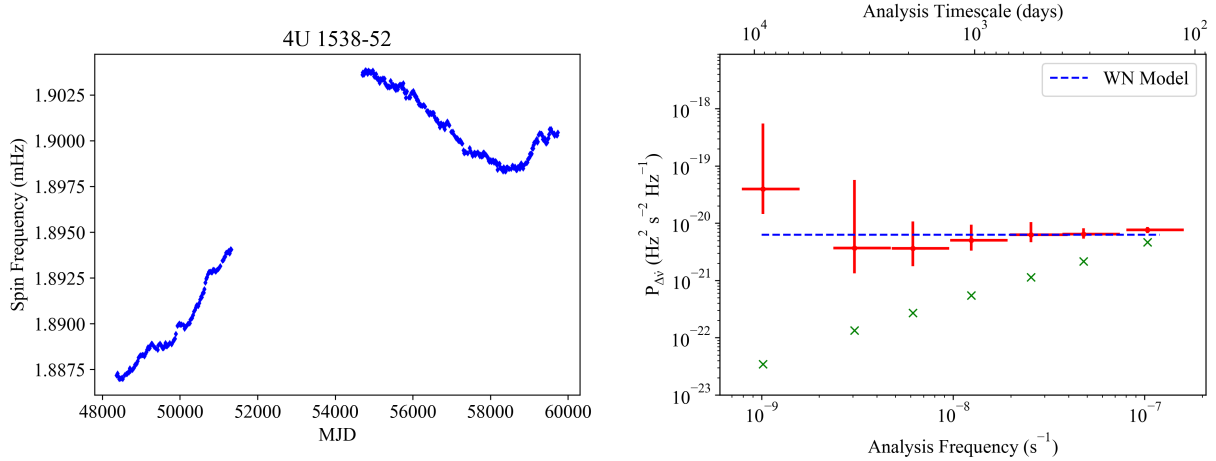


Figure 3. Left panel: The spin frequency data set of 4U 1538-52 used for noise strength analysis. Right panel: The power density spectrum of 4U 1538-52. Red marks indicate the power density estimates at corresponding analysis frequencies. Green crosses demonstrate the instrumental noise level at given analysis frequencies. The blue dashed line indicates the best fit of a white noise model.

analysis frequencies. 4U 1538-52 shows super orbital intensity modulations around ~ 14.91 days, which are thought to be related to $\dot{\nu}$ fluctuations (Corbet et al. 2021). Unfortunately, we cannot observe its consequences because such timescales in our analysis are dominated by measuremental noise.

5.4 OAO 1657-415

OAO 1657-415 is a HMXB system whose existence was revealed by Polidan et al. (1978) when they detected the pulsar with the *Copernicus* satellite. Following observations with *HEAO A-2* revealed a pulse period of $P_s \sim 38.2$ s (White & Pravdo 1979). Using the *CGRO/BATSE* data, Chakrabarty et al. (1993) reported an orbital period of $P_{\text{orb}} \sim 10.4$ days and showed the system is an eclipsing X-ray binary with $T_{\text{eclipse}} \sim 1.7$ days. The companion of the OAO 1657-415 system is lately identified as an Ofpe/WNL type of star, which is being transformed from a main sequence OB star to a relatively rare type Wolf-Rayet star (Mason et al. 2009). Very recently, Sharma et al. (2022) detected CRSF in the *NuStar* spectra of the source at ~ 36 keV, which translates to a magnetic field strength of $\sim 3.3 \times 10^{12}$ G.

The continuous monitoring of the source with *CGRO/BATSE* and Fermi/GBM pulsar project has shown that OAO 1657-415 is characterized by a stochastic spin-up/spin-down evolution with an average spin-up rate of $\dot{\nu} \sim 8.3 \times 10^{-13}$ Hz s $^{-1}$ (Baykal 1997; Bildsten et al. 1997; Baykal 2000). Even though it is a wind-fed system, Jenke et al. (2012) suggest the possibility of two different accretion modes for OAO 1657-415. The first mode is the torque-flux correlated regime in which

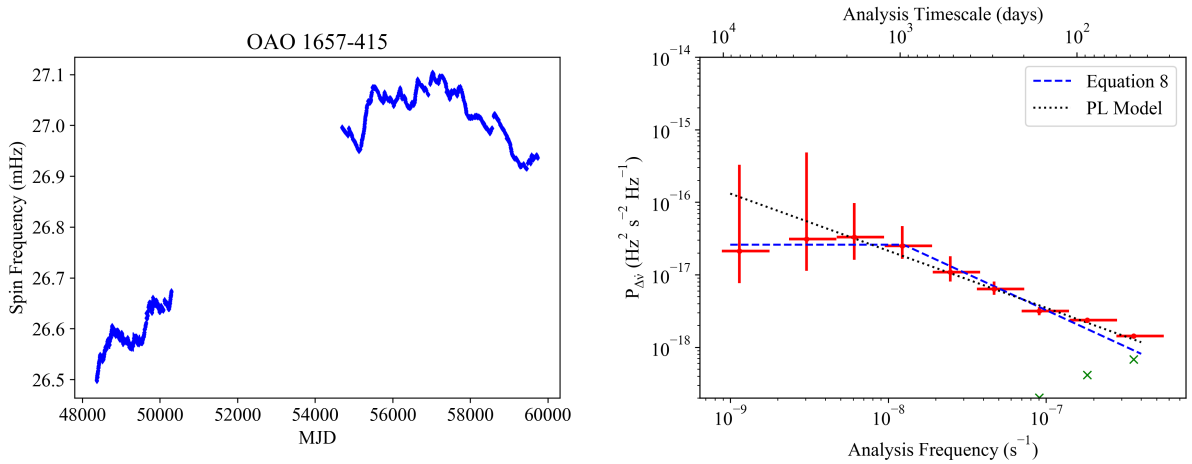


Figure 4. Left panel: The spin frequency data set of OAO 1657-415 used for noise strength analysis. Right panel: The power density spectrum of OAO 1657-415. Red marks indicate the power density estimates at corresponding analysis frequencies. Green crosses demonstrate the instrumental noise level at given analysis frequencies. The black dotted line represents the best fit of the power law model in the analysis frequency range of $3 \times 10^{-9} - 3.6 \times 10^{-7} \text{ s}^{-1}$. The blue dashed line indicates the best fit of Equation 8.

a stable accretion disk is expected to be present. In the second mode, the torque-flux correlation vanishes.

Using the frequency measurements provided by *Fermi*/GBM and *CGRO*/BATSE, we generated the power spectrum for OAO 1657-415. The noise structure of OAO 1657-415 behaves as a flicker noise ($\sim 1/\omega$) for almost all the analysis frequencies; however, the power density estimates seem to be flattened on the level of $\sim 3 \times 10^{-17} \text{ Hz}^2 \text{ s}^{-2} \text{ Hz}^{-1}$ for the analysis frequencies lower than $\sim 10^{-8} \text{ s}^{-1}$ (see Figure 4). Nonetheless, we cannot rule out the possibility of the red noise component that may persist at low analysis frequencies. Hence, we depict the continuum of the power density spectrum with two cases. In the first case, we used the colored shot-noise model for $1/\omega$ noise specified in Equation 8. In the second case, we use a simple power law model that covers all the analysis frequency ranges. In the first case, fitting Equation 8 yields $\omega_{break} = 1.25 \pm 0.19 \times 10^{-8} \text{ s}^{-1}$. In the latter case, the power density spectrum can be represented with a power law model whose index is obtained as $\Gamma = -0.79 \pm 0.06$ within the analysis frequency range of $3 \times 10^{-9} - 3.6 \times 10^{-7} \text{ s}^{-1}$.

5.5 Vela X-1

Vela X-1 is a well-known X-ray binary and one of the most studied. The binary nature of the system was discovered in 1975 when *SAS-3* observatory data revealed ~ 283 s pulsations from its pulsar (McClintock et al. 1977). The companion is a supergiant B0.5Ia type of star named HD 77581 (Hiltner et al. 1972). The orbit of the system is of low eccentricity ($e \sim 0.09$) and has a period of $P_{orb} \sim 8.9$ days (van Kerkwijk et al. 1995). The pulse frequency history of the pulsar

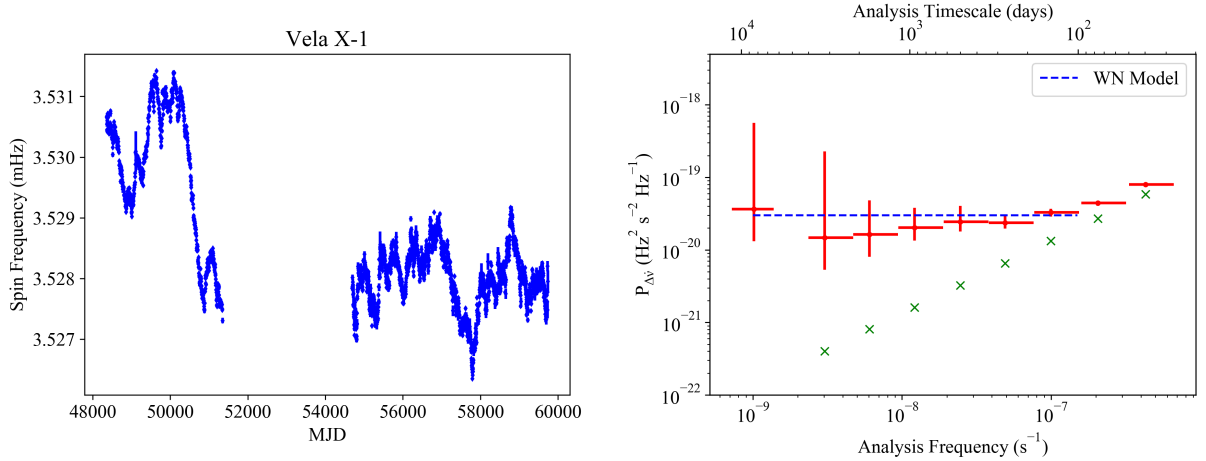


Figure 5. Left panel: The spin frequency data set of Vela X-1 used for noise strength analysis. Right panel: The power density spectrum of Vela X-1. Red marks indicate the power density estimates at corresponding analysis frequencies. Green crosses demonstrate the instrumental noise level at given analysis frequencies. The blue dashed line indicates the best fit of a white noise model.

is characterized by random spin-up/spin-down episodes, which is considered to be a sign of wind accretion (Deeter et al. 1989). From the CRSF, the magnetic field of the pulsar is inferred as $\sim 2.1 \times 10^{12}$ G (Fürst et al. 2014), and the *Gaia* estimated distance is $2.42_{-0.17}^{+0.19}$ kpc (Malacaria et al. 2020).

For Vela X-1, the data sampling rate of *Fermi*/GBM measurements allows us to estimate the timing noise strength at small timescales down to ~ 23 days. Throughout all the analysis frequencies, the estimated noise strength amplitudes stay in the range of $\sim 1.5 - 5 \times 10^{-20}$ $\text{Hz}^2 \text{s}^{-2} \text{Hz}^{-1}$ (Figure 5). The entire power spectrum of Vela X-1 is compatible with a white noise structure expected in wind-fed systems in all the analysis frequency ranges except for the slight excess noise at the longest time scale. The excess noise might be connected to the possible cyclic turnovers in the spin-up/down behavior of Vela X-1 at time scales of 17-19 year (Chandra et al. 2021).

5.6 Her X-1

Her X-1 is a LMXB system discovered in 1971. Tananbaum et al. (1972) revealed that the spin period $P_s \sim 1.2$ s of the pulsar using *Uhuru* data. The companion is a $\sim 2.2 M_\odot$ A7-type star known as HZ Her (Middleditch & Nelson 1976), and the *Gaia* estimated distance of the system is $5.0_{-0.6}^{+0.8}$ kpc (Malacaria et al. 2020). With its low-mass nature, the pulsar accretes via Roche lobe overflow, has an orbital period of $P_{orb} \sim 1.7$ days, and is characterized by a super orbit X-ray modulation with a period of ~ 35 days (Bahcall & Bahcall 1972; Giacconi et al. 1973). The CRSF of Her X-1 indicates a magnetic field value of $B \sim 3.5 \times 10^{12}$ G (Staubert et al. 2007).

In Figure 6, we present the power density spectrum of Her X-1. The noise strength estimates

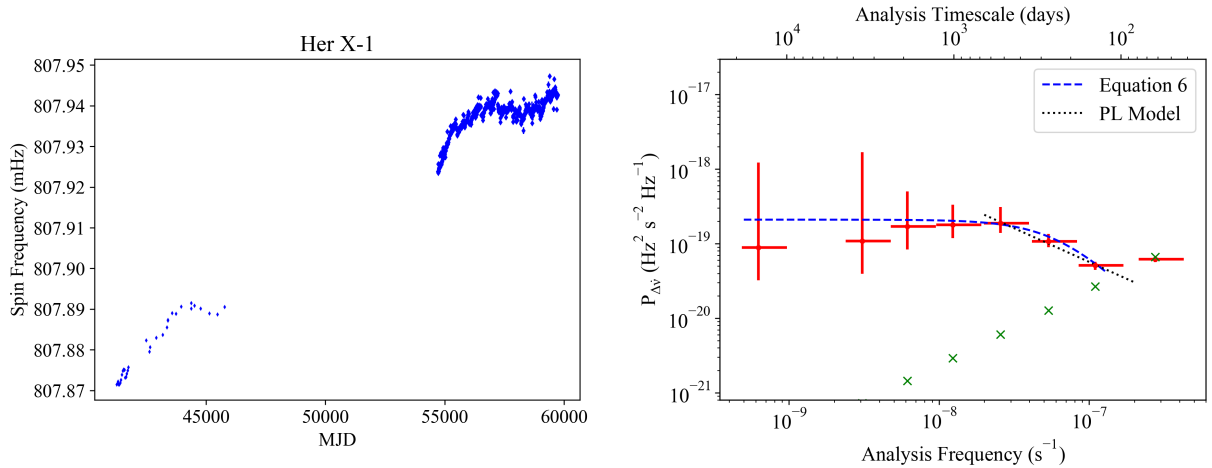


Figure 6. Left panel: The spin frequency data set of Her X-1 used for noise strength analysis. Right panel: The power density spectrum of Her X-1. Red marks indicate the power density estimates at corresponding analysis frequencies. Green crosses demonstrate the instrumental noise level at given analysis frequencies. The black dotted line represents the best fit of the power law model in the analysis frequency range of $3 \times 10^{-8} - 1 \times 10^{-7} \text{ s}^{-1}$. The blue dashed line indicates the best fit of Equation 6.

for Her X-1 drift from $\sim 2 \times 10^{-19}$ to $\sim 5 \times 10^{-20} \text{ Hz}^2 \text{ s}^{-2} \text{ Hz}^{-1}$ as they approach higher analysis frequencies. At low frequencies, the power spectrum is flat at the level of $\sim 2 \times 10^{-19} \text{ Hz}^2 \text{ s}^{-2} \text{ Hz}^{-1}$; however, Her X-1 exhibits a steep red noise component in a narrow analysis frequency interval ($\sim 3 \times 10^{-8} \text{ s}^{-1} - \sim 10^{-7} \text{ s}^{-1}$). Fitting a simple power law within this range yields a power law index of $\Gamma = -0.91 \pm 0.08$. At higher frequencies, the instrumental noise dominates the pulse frequency derivative fluctuations. Therefore, we describe the power density spectrum of Her X-1 with the monochromatic shot-noise model characterized by Equation 6. In this case, we obtain the low-frequency break as $6.4 \pm 1.6 \times 10^{-8} \text{ s}^{-1}$.

5.7 Cen X-3

Cen X-3 is the first pulsar detected in the X-ray energy band and one of the most studied. Using the *Uhuru* X-ray observatory data, $\sim 4.8 \text{ s}$ pulsations of the neutron star were discovered (Giacconi et al. 1971). It orbits a supergiant companion, V779 Cen (Krzeminski 1974), with an orbital period of $P_{\text{orb}} \sim 2.1 \text{ days}$ (Kelley et al. 1983). Similar to 4U 1538-52 (Baykal et al. 2006), Cen X-3 is also observed to have an orbital decay of $\dot{P}_{\text{orb}}/P_{\text{orb}} \sim -1.8 \times 10^{-6} \text{ yr}^{-1}$, probably due to the tidal dissipation and/or mass transfer nature between the two stars of the binary (Nagase 1989). The pulsar main accretion scheme is via RLO with additional contribution from wind accretion (Bildsten et al. 1997). Interpreting the absorption feature around $\sim 28 \text{ keV}$ in its spectra as CRSF, Cen X-3 is anticipated to have a magnetic field strength of $B \sim 2.6 \times 10^{12} \text{ G}$ (Santangelo et al. 1998; Suchy et al. 2008).

The constructed power density spectra of Cen X-3 and Her X-1 are similar, but Cen X-3 also

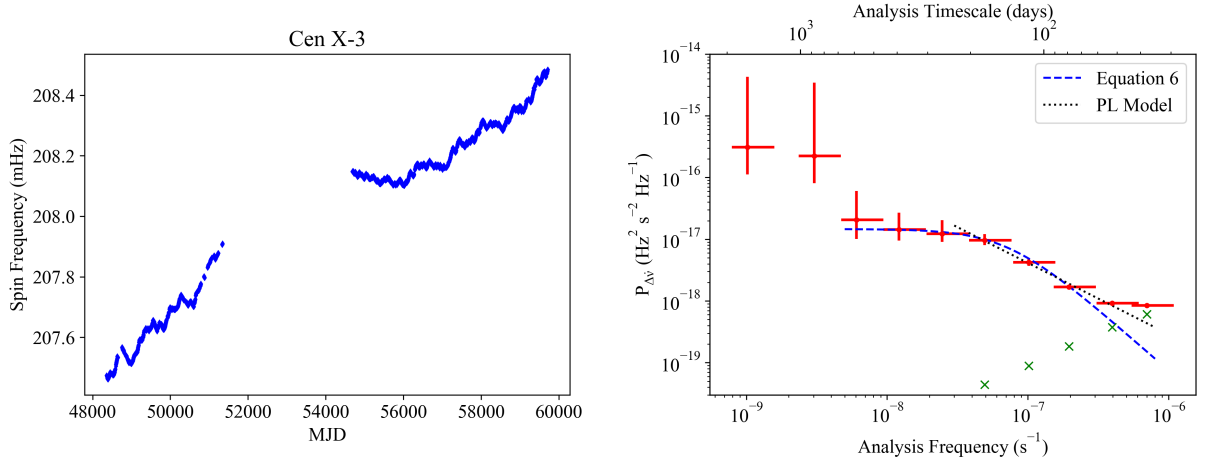


Figure 7. Left panel: The spin frequency data set of Cen X-3 used for noise strength analysis. Right panel: The power density spectrum of Cen X-3. Red marks indicate the power density estimates at corresponding analysis frequencies. Green crosses demonstrate the instrumental noise level at given analysis frequencies. The black dotted line represents the best fit of the power law model in the analysis frequency range of $5 \times 10^{-8} - 4 \times 10^{-7} \text{ s}^{-1}$. The blue dashed line indicates the best fit of Equation 6.

exhibits two excess noise estimations at very low frequencies. The noise strength estimates vary from $\sim 2.8 \times 10^{-16}$ to $\sim 8.4 \times 10^{-19} \text{ Hz}^2 \text{ s}^{-2} \text{ Hz}^{-1}$. Apart from the excess noise estimates, Cen X-3 exhibits a white noise structure on the level of $\sim 10^{-17} \text{ Hz}^2 \text{ s}^{-2} \text{ Hz}^{-1}$ in the analysis frequency range $\sim 6 \times 10^{-9} - \sim 5 \times 10^{-8} \text{ s}^{-1}$. At higher frequencies ($\omega > 5 \times 10^{-8} \text{ s}^{-1}$), the spectrum clearly demonstrates the existence of a red noise component until it is dominated by the instrumental noise. When a simple power law model is used for this analysis frequency interval (5×10^{-8} to $4 \times 10^{-7} \text{ s}^{-1}$), the resulting power law index becomes 1.16 ± 0.16 . Therefore, we proceed with Equation 6 to represent the overall continuum of the power density spectrum except for the two excess noise estimations. In this case, the break analysis frequency is obtained as $7.15 \pm 0.84 \times 10^{-8} \text{ s}^{-1}$.

6 RELATIONSHIP OF NOISE STRENGTHS WITH PHYSICAL QUANTITIES

We examine the relationship between the timing noise strength values of the studied sources and their physical parameters, such as magnetic field (B) and X-ray luminosity⁴. The aim is to understand if there is a relation between noise strengths and other independently measured physical quantities, which may provide hints about the dominant mechanisms causing the fluctuations in the spin frequency derivatives of the studied sources. As it is evident in the results presented in Section 5, the timing noise strengths may vary on different timescales, especially when a red noise component is present. Thus, it is crucial to refer to the timing noise strengths at similar timescales to make a consistent comparison across the sample sources. In our study, we use a timescale

⁴ Given the uncertainties in the bolometric luminosities of the selected sources, we employ a new parameter that is correlated with 15-50 keV X-ray luminosity (See Section 6.2 for details).

Table 2. The list of distances and magnetic field strengths of the sources used in statistical correlations.

Source Name	B_{12}^a	Distance c
4U 1626-67	3.2	$3.5^{+2.3}_{-1.3}$
GX 301-2	3	$3.5^{+0.6}_{-0.5}$
4U 1538-52	2	$6.6^{+2.2}_{-1.5}$
OAO 1657-415	3.3^b	$7.1^{+1.3}_{-1.3}$
Vela X-1	2.1	$2.42^{+0.19}_{-0.17}$
Her X-1	3.5	$5.0^{+0.8}_{-0.6}$
Cen X-3	2.6	$6.4^{+1.4}_{-1.1}$
GX 1+4	-	$7.6^{+3.3}_{-2.8}$

^(a) The magnetic values are taken from [Revnivtsev & Mereghetti \(2015\)](#) and references therein.

^(b) Obtained from [Sharma et al. \(2022\)](#).

^(c) The enlisted distances are obtained from *Gaia* ([Malacaria et al. \(2020\)](#) and references therein.)

of $T \sim 1000$ days, allowing us to compare the noise strengths of our source sample with that of magnetars and radio pulsars, which were previously investigated in similar timescales ([Çerri-Serim et al. 2019](#)).

6.1 Magnetic Field vs. Timing Noise

We investigate the relationship between the B -field and the timing noise strength of our source sample and compare the results with that of isolated pulsars represented in [Çerri-Serim et al. \(2019\)](#). Methodologically, the measure of physical parameters of accretion-powered pulsars differs from that of isolated pulsars. For instance, dipolar magnetic field strengths of isolated pulsars are often inferred via magnetic braking (i.e., through the relation $B = 3.2 \times 10^{19} \sqrt{PP}$ G). On the other hand, the B -field of accreting pulsars is either found by modeling the cyclotron feature in their respective spectrum or approximated via torque models. Since the latter approximation is rather model-dependent and leads to diverse results ([Staubert et al. 2019](#)), we proceed with the B -field strengths deduced via cyclotron features (see ([Revnivtsev & Mereghetti 2015](#)) and references therein). The resulting distribution of B -field versus timing noise strengths is illustrated in Figure 8.

In the diagram of B -field vs. noise strengths, we observe that persistent accreting pulsars form a narrow correlative clump in the middle upper part of the figure. It can also be seen that the magnetars and persistent systems have similar timing noise levels. Considerable effort has been expended to find debris disks around magnetars over the years. The idea of such debris discs is supported through optical and infrared observations ([Kaplan et al. 2001](#); [Hulleman et al. 2001](#); [Wang et al. 2006](#); [Ertan & Çalışkan 2006](#); [Mereghetti 2008](#); [Kaplan et al. 2009](#); [Trümper et al. 2013](#)). The distinction between the accreting pulsar and magnetar samples in the B -field vs. noise strength diagram may hint that they should have different origins for the torque fluctuations. It

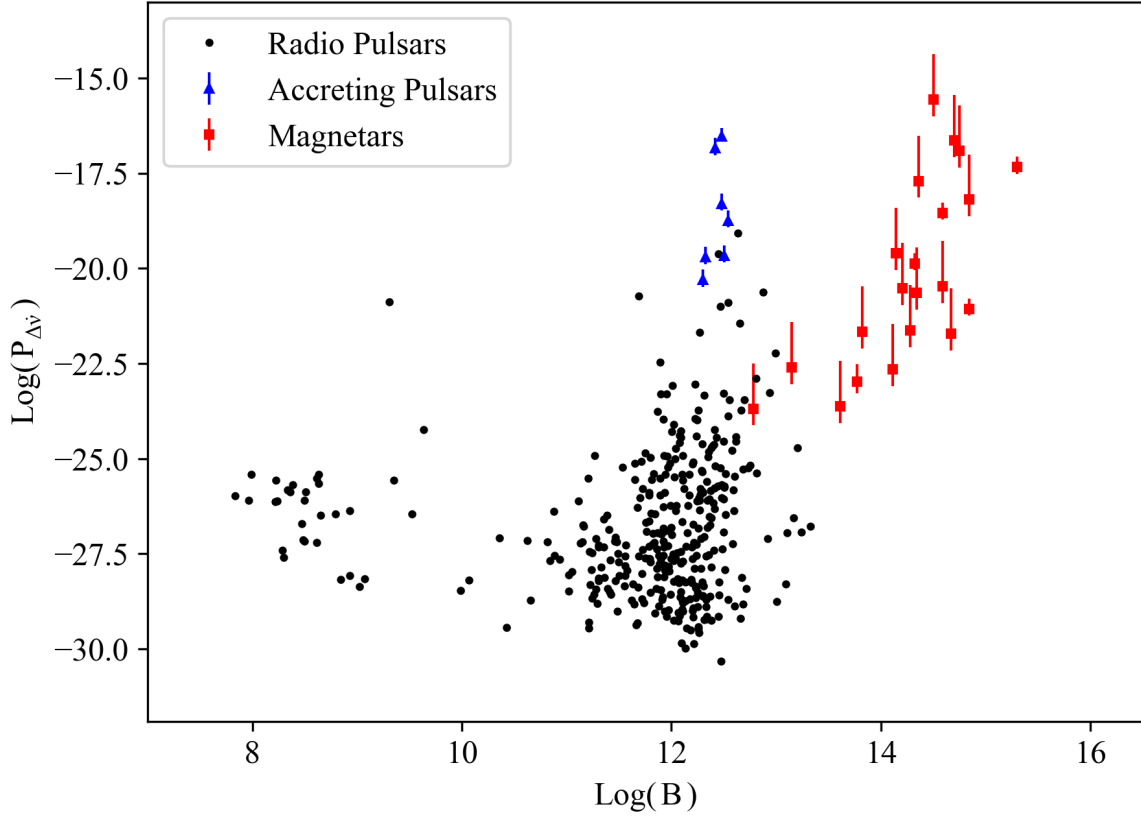


Figure 8. The distribution of power density estimates at ~ 1000 -day timescales with respect to the magnetic field strengths across different pulsar populations. The noise strengths values for pulsars and magnetars are gathered from [Hobbs et al. \(2010\)](#) and [Çerri-Serim et al. \(2019\)](#). The magnetic field strengths for accreting systems, which are deduced from cyclotron features, are compiled from [Revnivtsev & Mereghetti \(2015\)](#).

should be understood that the findings do not rule out the possibility of fossil disks encircling magnetars; nevertheless, even if they exist, it is possible that they are not the cause of the torque fluctuations. The low number of accreting pulsar samples with a narrow distribution of the deduced magnetic field strengths may be the reason why the sources examined in this study do not converge to a correlative structure in the B-field vs. noise strength diagram, or the existence of a correlation is rather inconclusive. On the other hand, it has been demonstrated that the magnetars display a correlative behavior that is related to the fluctuations in the magnetosphere ([Çerri-Serim et al. 2019](#); [Tsang & Gourgouliatos 2013](#)). To reach more concrete results, a further investigation with more accreting sources is required.

6.2 X-ray Luminosity vs. Timing Noise

According to the torque models, the torque exerted on a pulsar originates from mass accretion, which is converted to X-ray luminosity. However, the X-ray luminosity in such models refers to the

bolometric luminosity in the entire X-ray energy band (i.e., $\sim 1-200$ keV). In general, the emission in higher energy bands is interpolated by extending the spectral models in the lower energy bands. In order to make a meaningful comparison with other sources, the average bolometric X-ray luminosity within the same interval of the input frequency data set is required. However, it is impractical to obtain flux measurements for the entire data set for all the sources. Therefore, we use the following approach to roughly demonstrate the relation between the noise strengths and X-ray luminosities. We first obtain an average 15-50 keV count rate of the *Swift*/BAT measurements⁵ within the time interval of noise strength measurements, assuming that it is a suitable tracer of the bolometric luminosity evolution. Then, we rescale these average count rates with the estimated distance of each system (see Table 2 and references therein for the used distances) to obtain a representative quantity (X_r) that is proportional to the X-ray luminosity. Hence, the X_r parameter provides a crude estimation of the average mass accretion rate; thus, the average torque exerted on the pulsar. We also include the noise strength measurement of GX 1+4 at similar timescales, presented in Serim et al. (2017a). The resulting diagram is illustrated in Figure 9.

Even with such a crude approach, the noise strengths exhibit a clear correlation with the representative quantity X_r with a Pearson correlation coefficient of 0.95. Unfortunately, the wind and disk accretion schemes are indistinguishable due to the low number of sample sources, even though wind-fed sources Vela X-1 and 4U 1538-52 reside at the lower part of the diagram due to their low noise levels. Similarly, Baykal & Ögelman (1993) examined the noise behavior of several accreting systems and suggested that the X-ray luminosities correlate with the timing noise in such systems. It should be noted that previous studies suggest that there is no correlation between X-ray luminosity and timing noise amplitudes in isolated sources (e.g. Çerri-Serim et al. (2019); Cordes & Downs (1985)). The mass accretion rate, exerted torque, and X-ray luminosity are linked in accreting systems. Higher mass accretion rates can accompany larger inhomogeneities in the accretion flow which should yield higher torque fluctuations. Thus, the accretion process should impact the measured timing noise strengths. Hence, $P_{\Delta\dot{v}} - X_r$ correlation should indeed signify the presence of accretion in the system. For instance, the amplitude of the external torque indicated in Equation 2 is related to the mass accretion rate (\dot{M}) as (Ghosh & Lamb 1979):

$$N_0 = \dot{M} \sqrt{GM_x R_m} \quad (10)$$

where M_x and R_m represent the mass and magnetospheric radius of the neutron star, respectively. On the other hand, R_m also conveys \dot{M} dependency. In the Ghosh & Lamb (1979) picture, this

⁵ <https://swift.gsfc.nasa.gov/results/transients/>

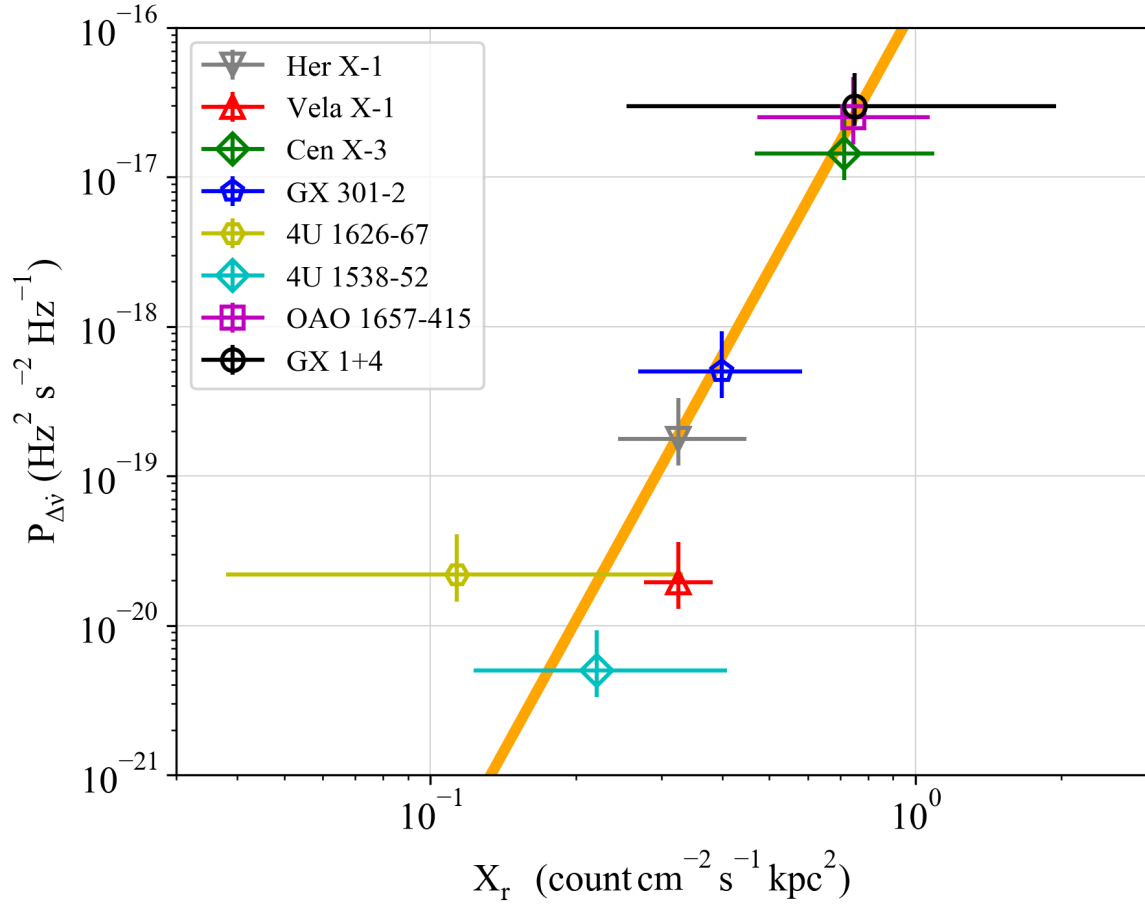


Figure 9. The distribution of power density estimates at ~ 1000 -day timescales as a function of rescaled count rates X_r . The error range of X_r reflects the uncertainties of the distance measurements. Solid line represents the best fit for the data.

relation can be expressed as:

$$R_m = 0.52 R_A \mu^{4/7} (2GM_X)^{-1/7} \dot{M}^{-2/7} \quad (11)$$

where R_A is the Alven radius and μ is the dipole moment of the pulsar. Hence, the torque relation becomes:

$$N_0 = 0.49 (GM_X)^{3/7} \mu^{2/7} \dot{M}^{6/7}. \quad (12)$$

In the shot-noise model described in Section 4, amplitudes of the power density estimates, $P_{\Delta\dot{\nu}}$, are proportional to δL^2 (inherently from N_0^2). Therefore, the noise strengths should scale with $\sim \mu^{4/7} \dot{M}^{12/7}$ in the $P_{\Delta\dot{\nu}}$ vs X_r diagram shown in Figure 9. However, a simple power law fit for $P_{\Delta\dot{\nu}}$ vs X_r diagram yield an exponent of 5.9 ± 2.4 (90% confidence level), which indicates that the luminosity (thus \dot{M}) dependence of $P_{\Delta\dot{\nu}}$ may be much stronger than that is anticipated in Ghosh & Lamb model. Each individual pulsar in our sample possesses a different magnetic field strength; however, they are all in similar order ($2.1 - 3.6 \times 10^{12}$ G). Therefore, $\mu^{4/7}$ dependency can not alter the exponent significantly but may only lead to scattering around the mean value. Thus, it

can not be the sole reason for this discrepancy. This discrepancy may arise from several factors. First of all, we have a limited number of sample sources, each of which exhibits different timing noise behavior as discussed in Section 5. To be more specific, they are composed of different accretion schemes (e.g. wind-fed: Vela X-1 and 4U 1538-52, disk-fed: Her X-1 and Cen X-3) which leads to diverse power density spectrum characteristics whose exponents range from -3 to 0 . Since their noise strengths are frequency dependent, comparison at a certain timescale (in our case 1000 days) might affect the results. For example, a comparison at a smaller timescale would decrease the exponent. On the other hand, it should be noted that the Ghosh & Lamb (1979) derivations consider the case where the pulsar’s magnetic and spin axes are aligned. The Alfvén radius is significantly affected in the case of oblique rotators (Wang 1997; Bozzo et al. 2018) which substantially modify the scaling factors of torque fluctuations if the obliquenesses of the pulsars vary. In addition, there is a considerable deviation in the distance estimates of the pulsars when different methods are used. For example, Treuz et al. (2018) examined a sample of galactic X-ray pulsars and compare the distance estimates achieved via various methods, including *Gaia* distance estimates via Bayesian probabilistic analysis (Bailer-Jones et al. 2018) and parallax inversion. They noticed that there is a systematic overestimation of pulsar distances (for > 5 kpc) obtained with conventional methods when they are compared with *Gaia* distances. Such systematic differences would have a direct impact on the slope of the $P_{\Delta\dot{\nu}}-X_r$ diagram. Nevertheless, it is remarkable that a $P_{\Delta\dot{\nu}}$ vs X_r correlation is still observable under such circumstances.

7 DISCUSSION AND CONCLUSION

In this study, we examine timing noise properties of seven persistent accreting systems monitored by *Fermi*/GBM. Using the existing frequency measurements, we model the regular rotation of the pulsars in the system with a quadratic trend and presume the residuals of the model as noise fluctuations. We first explore the time-dependent noise structure of each source and then compare the results with isolated pulsars.

Bildsten et al. (1997) examined the time-dependent timing noise nature of these objects using *CGRO*/BATSE data. They reported that the power spectra of wind-fed sources 4U 1538-52, Vela X-1, and GX 301-2 accord with a white torque noise structure. On the other hand, their results on LMXB systems Her X-1 and 4U 1626-67, which are expected to have an accretion disk, possess ω^{-2} dependence in their power spectra of pulse frequency derivative fluctuations. Furthermore, GX 1+4 and OAO 1657-415 are shown to exhibit flicker noise (Serim et al. 2017a; Bildsten et al.

1997). Due to the limited time span of the input frequency series, Bildsten et al. (1997) could not provide definite conclusions for the power spectral shape of the sources. In the light of new frequency measurements provided by *Fermi*/GBM, we expand the timing noise analysis timescales up to ~ 10000 days.

In the earlier studies, the models to describe the power spectral continuum of pulsars concentrate on the possible inner response to the external torques (Baykal et al. 1991; Baykal 1997; Alpar et al. 1986; Gügercinoğlu & Alpar 2017; Meyers et al. 2021a,b) to reveal information about the interior structure of neutron stars. The timing noise contribution of neutron star interior is expected to arise on crust–core coupling timescales $\sim 10\text{--}100 P_{\text{pulse}}$ (Alpar et al. 1984; Sidery & Alpar 2009). It should be noted that the vortex creep can also induce timing noise which can be effective timescales of several months (Gügercinoğlu & Alpar 2017). However, in our power density spectra, the crust–core coupling timescales are dominated by instrumental noise, and the contribution of vortex creep is expected to modify the noise spectrum in the order of I_s/I (Gügercinoğlu & Alpar 2017) which make such contributions indistinguishable due to the resolution of the power spectra. Here, we focus on the long-term properties of the power density spectra, thus we consider noise processes solely originating from external torques, neglecting the interior response of the neutron star with the aim of probing the nature of the accretion flow in those systems.

The examined sources exhibit various characteristics of timing noise, implying that the origins of their noise processes might differ. Our results are consistent with that of Bildsten et al. (1997) within their relatively narrow analysis frequency range. However, we provide a more detailed view of the noise behavior of these sources, especially on long timescales. Known wind-fed systems Vela X-1 and 4U 1538-52 show clear white noise formations extending over very long timescales. The power density spectra of OAO 1657-415 and GX 301-2 reveal flicker noise components that are possibly saturated on longer timescales (i.e. $\tau_2 > 10^8$ s). Interestingly, GX 301-2 also exhibits a white noise component up to ~ 400 day timescales. In both systems, we cannot rule out the possible red noise trend extending beyond that timescale. It is possible that these systems may form enduring flicker noise components similar to the case of GX 1+4 (Serim et al. 2017a). The power spectrum of 4U 1626-67 is characterized by a strong red noise component towards low analysis frequencies, which possibly surpasses our analysis frequency range. On the high analysis frequencies, the power density estimates of 4U 1626-67 rapidly fall below the instrumental noise level, possibly owing to the ultra-compact binary nature of the system. Her X-1 and Cen X-3 seem to possess ω^{-2} type red noise component in their power spectra which are saturated over long timescales.

We observe that the known disk-fed sources are characterized by a $1/\omega^2$ type red noise structure

which evolves into a white noise component at longer timescales, which resembles to the case of 2S 1417-624 (Serim et al. 2022). The transient BeXRB 2S 1417-624 exhibits the same kind of structure and it has been argued that the saturation of the timing noise strength at long timescales is possibly owed to accretion from a cold depleted disk (Serim et al. 2022) where the material enters to the magnetosphere of the pulsar via plasma instabilities. They further show that the red noise component can be eliminated using the $\dot{\nu} \propto L$ correlation, revealing that this noise structure is indeed associated with accretion. The noise saturation of the transient system 2S 1417-624 was observed around ~ 100 day timescale (Serim et al. 2022), whereas the power density spectrum of Her X-1 and Cen X-3 saturates at longer timescales (of a factor ~ 4), which may indicate that the accretion disk in these persistent systems is rather more enduring. Moreover, the observed light curves of such sources⁶ are consistent with the assumption of monochromatic torque events for noise process from an accretion disk. Similarly, the saturation of the timing noise amplitude at long timescales of Her X-1 and Cen X-3 possibly hints at the presence of a cold-depleted disk at these timescales.

On the other hand, the interpretation of the flicker-type noise structure is not straightforward. The generation of such noise structures implies that there should be the contribution of more than one process or the contribution of a single process with varying timescales. When examined carefully, the light curve of the sources, which generate a flicker-type structure in their power spectra, can be depicted with luminosity variations with different durations. The pulse frequency fluctuations in accreting pulsars are associated with their mass accretion rate and hence with their luminosity. Therefore, luminosity variations suggest the existence of a colored noise process as described in Section 4, which perhaps indicates that the fluctuations at outer parts of the disk (when it is present) influence the fluctuations at inner radii, if the variation timescales are similar or larger than the viscous timescales at these radii (Lyubarskii 1997). The timescales obtained from modeling are larger than the viscous timescales expected in such systems (Içdem & Baykal 2011). Thus, the flicker noise component in the power spectra of the pulse frequency derivatives may hint at variations at different radii of the accretion disk. Thus, such a noise component can be triggered by a transient accretion disk (Serim et al. 2017a) that exhibits independent viscous fluctuations at different radii in the accretion disk. It should be noted that both OAO 1657-415 and GX 301-2 are suggested to be wind-fed sources with occasional accretion disk formation (Jenke et al. 2012; Koh

⁶ <https://gammaray.nsstc.nasa.gov/gbm/science/pulsars.html>

et al. 1997; Nabizadeh et al. 2019). The observed flicker noise component may also arise due to the co-existence of two accretion regimes or the cyclic transition between them.

The case of 4U 1626-67 is rather intriguing. The power density spectrum of 4U 1626-67 shows a steeper red noise component with $\propto 1/\omega^3$ when compared with the disk-fed sources Her X-1 and Cen X-3. The presence of such a steep red noise component is observed in magnetars and attributed to a magnetic origin (Çerri-Serim et al. 2019). However, the red noise component observed in magnetars arises at shorter timescales. This source is a well-known ultra-compact system, containing a very low mass companion (Giacconi et al. 1971; McClintock et al. 1977). Moreover, it is the only ultra-compact system that hosts a strongly magnetized pulsar (Schulz et al. 2019). The unique case of 4U 1626-67 suggests that there should be different factors to consider for the torque noise processes in accreting systems besides the presence of wind/disk accretion and their magnetic field strengths, such as variations of the inner disk radius (Gençali et al. 2022). More observations are required to reveal the saturation timescales of the noise process (if there are any) and establish a proper model for its power density spectrum.

Apart from the noise spectral characteristics of individual sources, we examine the correlation of noise strengths at similar timescales with physical parameters. Magnetars are shown to possess a correlation between B -fields and timing noise strengths (Tsang & Gourgouliatos 2013; Çerri-Serim et al. 2019) whereas the radio pulsars seem to have a weaker correlation of this type (Hobbs et al. 2010). We find accreting pulsars in this study are not correlated with the B -fields derived from CRSFs. Furthermore, they reside at a distinct location from the magnetar group on the B -field vs. S_r diagram. Although the number of samples in our investigation is insufficient to draw firm conclusions, the absence of such correlation is anticipated since the timing noise of these sources should be dominated by external torques due to accretion, not by magnetospheric variations (except for the possibility for 4U 1626-67). Similar conclusions may apply to magnetars as well. The accretion from a fossil disk should not dominate the torque fluctuations of magnetars. Therefore, we further examine the connection between X-ray luminosity and noise strengths which is shown to be present in accreting pulsars (Baykal & Ögelman 1993). We seek such correlation using the *Swift*/BAT count rates that are scaled up with the source distances. Despite the limited energy range (15–50 keV) of the count rate measurements, we observe that the representative quantity X_r is correlated with the measured noise strengths. Similar to the results of Baykal & Ögelman (1993), there is no clear distinction between wind-fed and disk-fed sources in the X_r vs $P_{\Delta\dot{\nu}}$ diagram; however, the timing noise levels measured for wind-fed systems Vela X-1 and 4U 1538–52 are relatively low when compared with disk-fed sources. The relation between $P_{\Delta\dot{\nu}}$ - X_r

at 1000-day timescale reveals a stronger luminosity dependence than predicted by Ghosh & Lamb model. As the magnetic field strength distribution of our pulsar sample is very narrow, we do not expect it to have significant effects on $P_{\Delta\dot{\nu}} - X_r$ relation. However, the strong luminosity dependence of the noise strengths may imply oversimplification in the noise strength comparison, considering the unknown obliquenesses, distance uncertainties, and varying accretion schemes. Despite the mentioned caveats, the fact that a correlation between $P_{\Delta\dot{\nu}} - X_r$ is still apparent is noteworthy.

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DATA AVAILABILITY

All the input data sets (i.e. *CGRO/BATSE* and *Fermi/GBM* frequency measurements and *Swift/BAT* count rates) used in this study are publicly available through their websites indicated in the main text.

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