# GENERATING THE TWIST SUBGROUP BY INVOLUTIONS 

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#### Abstract

For a nonorientable surface, the twist subgroup is an index 2 subgroup of the mapping class group. It is generated by Dehn twists about two-sided simple closed curves. In this paper, we study involution generators of the twist subgroup. We give generating sets of involutions with the smallest number of elements our methods allow.


## 1. Introduction

Let $N_{g}$ denote a closed connected nonorientable surface of genus $g$. The mapping class group of $N_{g}$ is defined to be the group of the isotopy classes of all diffeomorphisms of $N_{g}$. Throughout the paper this group will be denoted by $\operatorname{Mod}\left(N_{g}\right)$. Let $\Sigma_{g}$ denote a closed connected orientable surface of genus $g$. The mapping class group of $\Sigma_{g}$ is the group of the isotopy classes of orientation preserving diffeomorphisms and is denoted by $\operatorname{Mod}\left(\Sigma_{g}\right)$.

In the orientable case, it is a classical result that $\operatorname{Mod}\left(\Sigma_{g}\right)$ is generated by finitely many Dehn twists about nonseparating simple closed curves $[3,5,10]$. The study of algebraic properties of mapping class group, finding small generating sets, generating sets with particular properties, is an active one leading to interesting developments. Wajnryb [19] showed that $\operatorname{Mod}\left(\Sigma_{g}\right)$ can be generated by two elements given as a product of Dehn twists. As the group is not abelian, this is the smallest possible. Later, Korkmaz [7] showed that one of these generators can be taken as a Dehn twist, he also proved that $\operatorname{Mod}\left(\Sigma_{g}\right)$ can be generated by two torsion elements. Recently, the third author showed that $\operatorname{Mod}\left(\Sigma_{g}\right)$ is generated by two torsions of small orders [20].

Generating $\operatorname{Mod}\left(\Sigma_{g}\right)$ by involutions was first considered by McCarthy and Papadopoulus [13]. They showed that the group can be generated by infinitely many conjugates of a single involution (element of order two) for $g \geq 3$. In terms of generating by finitely many involutions,

[^0]Luo [12] showed that any Dehn twist about a nonseparating simple closed curve can be written as a product six involutions, which in turn implies that $\operatorname{Mod}\left(\Sigma_{g}\right)$ can be generated by $12 g+6$ involutions. Brendle and Farb [1] obtained a generating set of six involutions for $g \geq 3$. Following their work, Kassabov [6] showed that $\operatorname{Mod}\left(\Sigma_{g}\right)$ can be generated by four involutions if $g \geq 7$. Recently, Korkmaz [8] showed that $\operatorname{Mod}\left(\Sigma_{g}\right)$ is generated by three involutions if $g \geq 8$ and four involutions if $g \geq 3$. Also, the third author improved his result showing that it is generated by three involutions if $g \geq 6$ [21].

Compared to orientable surfaces less is known about $\operatorname{Mod}\left(N_{g}\right)$. Lickorish $[9,11]$ showed that it is generated by Dehn twists about two-sided simple closed curves and a so-called $Y$-homeomorphism (or a crosscap slide). Chillingworth [2] gave a finite generating set for $\operatorname{Mod}\left(N_{g}\right)$ that linearly depends on $g$. Szepietowski [18] proved that $\operatorname{Mod}\left(N_{g}\right)$ is generated by three elements and by four involutions.

The twist subgroup $\mathcal{T}_{g}$ of $\operatorname{Mod}\left(N_{g}\right)$ is the group generated by Dehn twists about two-sided simple closed curves. The group $\mathcal{T}_{g}$ is a subgroup of index 2 in $\operatorname{Mod}\left(N_{g}\right)$ [11]. Chillingworth [2] showed that $\mathcal{T}_{g}$ can be generated by finitely many Dehn twists. Stukow [16] obtained a finite presentation for $\mathcal{T}_{g}$ with $(g+2)$ Dehn twist generators. Later Omori [14] reduced the number of Dehn twist generators to $(g+1)$ for $g \geq 4$. If it is not required that all generators are Dehn twists, Du [4] obtained a generating set consisting of three elements, two involutions and an element of order $2 g$ whenever $g \geq 5$ and odd. Recently, Yoshihara [22] was interested in the problem of finding generating sets for $\mathcal{T}_{g}$ consisting of only involutions. He proved that $\mathcal{T}_{g}$ can be generated by six involutions for $g \geq 14$ and by eight involutions if $g \geq 8$.

Our aim in this paper is to generate $\mathcal{T}_{g}$ with fewer number of involutions. It is known that any group generated by two involutions is isomorphic to a quotient of a dihedral group. Hence, $\mathcal{T}_{g}$ cannot be generated by two involutions. We are not sure whether $\mathcal{T}_{g}$ can be generated by three involutions. Based on the approach of [8], we obtain the following result:

Main Theorem. The twist subgroup $\mathcal{T}_{g}$ of $\operatorname{Mod}\left(N_{g}\right)$ is generated by
(1) four involutions if $g \geq 12$ and even,
(2) four involutions if $g=4 k+1 \geq 5$,
(3) five involutions if $g=4 k+3 \geq 11$.

We also prove that the twist subgroup $\mathcal{T}_{g}$ can be generated by
(4) five involutions if $g=8,10$,
(5) six involutions if $g=6,7$.

Note that if a group is generated by involutions, then its first integral homology group should consist of elements of order 2. For the twist subgroup $\mathcal{T}_{g}$, this is the case when $g \geq 5$ [15].

The paper is organized as follows. In Section 2, we recall some basic results on $\operatorname{Mod}\left(N_{g}\right)$ and its subgroup $\mathcal{T}_{g}$. We work with nonorientable surfaces of even genus in Section 3 and nonorientable surfaces of odd genus in Section 4.

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## 2. Background and Results on Mapping Class Groups

Let $N_{g}$ be a closed connected nonorientable surface of genus $g$. Note that the genus for a nonorientable surface is the number of projective planes in a connected sum decomposition. The mapping class group $\operatorname{Mod}\left(N_{g}\right)$ of the surface $N_{g}$ is defined to be the group of the isotopy classes of diffeomorphisms $N_{g} \rightarrow N_{g}$. Throughout the paper we do not distinguish a diffeomorphism from its isotopy class. For the composition of two diffeomorphisms, we use the functional notation; if $g$ and $h$ are two diffeomorphisms, the composition $g h$ means that $h$ acts on $N_{g}$ first.

A simple closed curve on a nonorientable surface $N_{g}$ is said to be one-sided if a regular neighbourhood of it is homeomorphic to a Möbius band. It is called two-sided if a regular neighbourhood of it is homeomorphic to an annulus. If $a$ is a two-sided simple closed curve on $N_{g}$, to define the Dehn twist $t_{a}$, we need to fix one of two possible orientations on a regular neighbourhood of $a$ (as we did for the curve $a_{1}$ in Figure 1). Following [8] the right-handed Dehn twist $t_{a}$ about $a$ will be denoted by the corresponding capital letter $A$.

Recall the following properties of Dehn twists: let $a$ and $b$ be twosided simple closed curves on $N_{g}$ and let $f \in \operatorname{Mod}\left(N_{g}\right)$.

- Commutativity: If $a$ and $b$ are disjoint, then $A B=B A$.
- Conjugation: If $f(a)=b$, then $f A f^{-1}=B^{s}$, where $s= \pm 1$ depending on whether $f$ is orientation preserving or orientation reversing on a neighbourhood of $a$ with respect to the chosen orientation.

Consider the surface $N_{g}$ shown in Figure 1. The Dehn twist generators of Omori can be given as follows (note that we do not have the curve $d_{r}$ when $g$ is odd).


Figure 1. The curves $a_{1}, a_{2}, b_{i}, c_{i}, e$ and $f$ on the surface $N_{g}$.


Figure 2. Generators of $H_{1}\left(N_{g} ; \mathbb{R}\right)$.
Theorem 2.1. [14] The twist subgroup $\mathcal{T}_{g}$ is generated by the following $(g+1)$ Dehn twists
(1) $A_{1}, A_{2}, B_{1}, \ldots, B_{r}, C_{1}, \ldots, C_{r-1}$ and $E$ if $g=2 r+1$ and
(2) $A_{1}, A_{2}, B_{1}, \ldots, B_{r}, C_{1}, \ldots, C_{r-1}, D_{r}$ and $E$ if $g=2 r+2$.

Consider a basis $\left\{x_{1}, x_{2} \ldots, x_{g-1}\right\}$ for $H_{1}\left(N_{g} ; \mathbb{R}\right)$ such that the curves $x_{i}$ are one-sided and disjoint as in Figure 2. It is known that every diffeomorphism $f: N_{g} \rightarrow N_{g}$ induces a linear map $f_{*}: H_{1}\left(N_{g} ; \mathbb{R}\right) \rightarrow$ $H_{1}\left(N_{g} ; \mathbb{R}\right)$. Therefore, one can define a homomorphism $D: \operatorname{Mod}\left(N_{g}\right) \rightarrow$ $\mathbb{Z}_{2}$ by $D(f)=\operatorname{det}\left(f_{*}\right)$. The following lemma from [9] tells when a mapping class falls into the twist subgroup $\mathcal{T}_{g}$.

Lemma 2.2. Let $f \in \operatorname{Mod}\left(N_{g}\right)$. Then $D(f)=1$ if $f \in \mathcal{T}_{g}$ and $D(f)=$ -1 if $f \notin \mathcal{T}_{g}$.

## 3. The even case

For $g=2 r+2$, we work with the models in Figure 3. This surface is obtained from a genus $r$ orientable surface by deleting the interiors of two disjoint disks and identifying the antipodal points on the boundary.


Figure 3. The models for $N_{g}$ if $g=2 r+2$.

Moreover, the genus $r$ surface minus two disks is embedded in $\mathbb{R}^{3}$ in such a way that each genus is in a circular position with the second genus on the $+z$-axis and the rotation $R$ by $\frac{2 \pi}{r}$ about $x$-axis maps the curve $b_{i}$ to $b_{i+1}$ for $i=1, \ldots, r-1$ and $b_{r}$ to $b_{1}$.

We use the explicit homeomorphism constructed in [15, Section 3] to identify the models in Figure 1 and 3 . On the left hand side of Figure 3, one of the crosscaps is centered on the $+x$-axis and the other one is obtained by rotating the first one by $\pi$ about the $z$-axis. The model on the right hand side is obtained from the model on the left hand side by sliding crosscaps via a diffeomorphism, say $\phi$.

Let $\tau$ be the blackboard reflection of $N_{g}$ for the model in the left hand side in Figure 3. If $r$ is odd, we consider the reflection $\tau$ and if $r$ is even, we consider the reflection $\phi \tau \phi^{-1}$. The surface $N_{g}$ is invariant under the reflections $\tau$ and $\phi \tau \phi^{-1}$. Abusing the notation, we keep writing $\tau$ instead of $\phi \tau \phi^{-1}$. Note that $D(\tau)=-1$.

Note that the surface $N_{g}$ is invariant under the two rotations $\rho_{1}^{\prime}$ and $\rho_{2}^{\prime}$ where $\rho_{1}^{\prime}$ is the rotation by $\pi$ about $z$-axis and $\rho_{2}^{\prime}$ is the rotation by $\pi$ about the line $z=\tan \left(\frac{\pi}{r}\right) y, x=0$ as in Figure 3. The rotations $\rho_{1}^{\prime}$ and $\rho_{2}^{\prime}$ satisfy $D\left(\rho_{1}^{\prime}\right)=D\left(\rho_{2}^{\prime}\right)=-1$, which implies that the twist subgroup $\mathcal{T}_{g}$ does not contain $\rho_{1}^{\prime}$ and $\rho_{2}^{\prime}$. Let $\rho_{1}=\rho_{1}^{\prime} \tau$ and $\rho_{2}=\rho_{2}^{\prime} \tau$. Then the involutions $\rho_{1}$ and $\rho_{2}$ are contained in $\mathcal{T}_{g}$ by Lemma 2.2. Observe that the rotation $R=\rho_{2} \rho_{1}$.
3.1. Generating sets for the twist subgroup $\mathcal{T}_{g}$. Recently, Korkmaz [8] introduced new generating sets for the mapping class group of an orientable surface. We follow the outline of his proofs. Especially, since the curves $a_{i}, b_{i}$ and $c_{i}$ are exactly the same as in [8], statements about these curves follows directly from [8]. Before we state our result, let us recall the above mentioned theorem of Korkmaz. Recall that $A_{i}$, $B_{i}, C_{i}, E$ and $F$ represent the Dehn twists about the corresponding lower case letters in Figure 1 and 3.

Theorem 3.1. [8] Let $\Sigma_{g}$ denote a closed connected oriented surface of genus $g$. Then, if $g \geq 3, \operatorname{Mod}\left(\Sigma_{g}\right)$ is generated by the four elements $R, A_{1} A_{2}^{-1}, B_{1} B_{2}^{-1}$ and $C_{1} C_{2}^{-1}$.

Using the above theorem, we give a generating set for $\mathcal{T}_{g}$ when $g$ is even.

Theorem 3.2. Let $r \geq 3$ and $g=2 r+2$. Then the twist subgroup $\mathcal{T}_{g}$ is generated by the elements $R, A_{1} A_{2}^{-1}, B_{1} B_{2}^{-1}, C_{1} C_{2}^{-1}, D_{r}$ and $E$ if $g=2 r+2$.

Proof. Let $G$ be the subgroup of $\mathcal{T}_{g}$ generated by the set

$$
\left\{R, A_{1} A_{2}^{-1}, B_{1} B_{2}^{-1}, C_{1} C_{2}^{-1}, D_{r}, E\right\}
$$

if $g=2 r+2$.
Let $\mathcal{S}$ denote the set of isotopy classes of two-sided non-separating simple closed curves on $N_{g}$. Define a subset $\mathcal{G}$ of $\mathcal{S} \times \mathcal{S}$ as

$$
\mathcal{G}=\left\{(a, b): A B^{-1} \in G\right\}
$$

The set $\mathcal{G}$ defines an equivalence relation on $\mathcal{S}$ which satisfies $G$-invariance property, that is,

$$
\text { if }(a, b) \in \mathcal{G} \text { and } H \in G \text { then }(H(a), H(b)) \in \mathcal{G}
$$

Then it follows from the proof of Theorem 3.1 that the Dehn twists $A_{i}$ and $B_{i}$ for $i=1, \ldots, r$ are contained in $G$. Also, $G$ contains $C_{j}$ for $j=1, \ldots, r-1$. Since all generators given in Theorem 2.1 are contained in the group $G$. We conclude that $G=\mathcal{T}_{g}$.
3.2. Involution generators. We consider the surface $N_{g}$ where $g$ crosscaps are distributed on the sphere as in Figure 4. If $g=2 r+2$ and $r \geq 3$, there is a reflection, $\sigma$, of the surface $N_{g}$ in the $x y$-plane such that

- $\sigma(f)=a_{1}, \sigma\left(b_{r}\right)=d_{r}$,
- $\sigma\left(x_{2}\right)=x_{3}, \sigma\left(x_{4}\right)=x_{5} \sigma\left(x_{g-2}\right)=x_{g}$ and
- $\sigma\left(x_{i}\right)=x_{i}$ if $i=6, \ldots, g-3$ or $i=1, g-1$.
with reverse orientation. (Recall that $x_{i}$ 's are the generators of $H_{1}\left(N_{g} ; \mathbb{R}\right)$ as shown in Figure 2.)

The linear map $D$ associated to $\sigma$ satisfies $D(\sigma)=1$ if $g$ is even.


Figure 4. The involution $\sigma$ if $g=2 r+2$.
This implies that the involution $\sigma$ is contained in $\mathcal{T}_{g}$ if $g$ is even.

Theorem 3.3. The twist subgroup $\mathcal{T}_{12}$ is generated by the involutions $\rho_{1}, \rho_{2}, \rho_{1} A_{1} B_{2} C_{4} A_{3}$ and $\sigma$.

Proof. Consider the surface $N_{12}$ as in Figure 3. Since

$$
\rho_{1}\left(a_{1}\right)=a_{3}, \rho_{1}\left(b_{2}\right)=b_{2} \text { and } \rho_{1}\left(c_{4}\right)=c_{4},
$$

and $\tau$ reverses the orientation of a neighbourhood of a two-sided simple closed curve, we get

- $\rho_{1} A_{1} \rho_{1}=A_{3}^{-1}$,
- $\rho_{1} B_{2} \rho_{1}=B_{2}^{-1}$ and
- $\rho_{1} C_{4} \rho_{1}=C_{4}^{-1}$.

It is easy to verify that $\rho_{1} A_{1} B_{2} C_{4} A_{3}$ is an involution. Let $E_{1}=$ $A_{1} B_{2} C_{4} A_{3}$ and let $H$ be the subgroup of $\mathcal{T}_{12}$ generated by the set

$$
\left\{\rho_{1}, \rho_{2}, \rho_{1} E_{1}, \sigma\right\}
$$

Note that the rotation $R$ is in the subgroup $H$. By Theorem 3.2, we need to show that the elements $A_{1} A_{2}^{-1}, B_{1} B_{2}^{-1}, C_{1} C_{2}^{-1}, D_{5}$ and $E$ are contained in $H$.
Let $E_{2}=R E_{1} R^{-1}=A_{2} B_{3} C_{5} A_{4}$. It can be easily shown that

$$
E_{2} E_{1}\left(a_{2}, b_{3}, c_{5}, a_{4}\right)=\left(b_{2}, a_{3}, c_{5}, a_{4}\right)
$$

so that $E_{3}=B_{2} A_{3} C_{5} A_{4}$ is in $H$.
Let

$$
E_{4}=R^{2} E_{1} R^{-2}=A_{3} B_{4} C_{1} A_{5} .
$$



Figure 5. The proof of Theorem 3.3.

It is easy to show that

$$
E_{4} E_{3}\left(a_{3}, b_{4}, c_{1}, a_{5}\right)=\left(a_{3}, a_{4}, b_{2}, a_{5}\right)
$$

so that $E_{5}=A_{3} A_{4} B_{2} A_{5}$ are contained in $H$. Hence,

$$
E_{5} E_{3}^{-1}=A_{5} C_{5}^{-1} \in H
$$

One can easily see that the elements $A_{i} C_{i}^{-1}$ are contained in $H$ by conjugating $A_{5} C_{5}^{-1}$ with powers of $R$.
Let

$$
E_{6}=R E_{5} R^{-1}=A_{4} A_{5} B_{3} A_{1}
$$

One can easily show that

$$
E_{6} E_{5}\left(a_{4}, a_{5}, b_{3}, a_{1}\right)=\left(a_{4}, a_{5}, a_{3}, a_{1}\right)
$$

so that $E_{7}=A_{4} A_{5} A_{3} A_{1}$ is in $H$. Therefore,

$$
E_{7} E_{6}^{-1}=A_{3} B_{3}^{-1} \in H .
$$

By conjugating with powers of $R$, we get $A_{i} B_{i}^{-1} \in H$. Hence,

$$
B_{5} C_{5}^{-1}=\left(B_{5} A_{5}^{-1}\right)\left(A_{5} C_{5}^{-1}\right) \in H .
$$

Again by conjugating with powers of $R$, the elements $B_{i} C_{i}^{-1}$ are contained in $H$.
Let

$$
E_{8}=\left(A_{2} B_{2}^{-1}\right)\left(B_{3} A_{3}^{-1}\right) E_{1}=A_{1} A_{2} C_{4} B_{3}
$$

and

$$
E_{9}=R^{2} F_{8} R^{-2}=A_{3} A_{4} C_{1} B_{5} .
$$

It can also be shown that

$$
E_{9} E_{8}\left(a_{3}, a_{4}, c_{1}, b_{5}\right)=\left(b_{3}, a_{4}, c_{1}, c_{4}\right)
$$

so that $E_{10}=B_{3} A_{4} C_{1} C_{4}$. Hence,

$$
E_{9} E_{10}^{-1} B_{3} A_{3}^{-1}=B_{5} C_{4}^{-1} \in H
$$

The conjugation of this with powers of $R$ implies that $B_{i+1} C_{i}^{-1} \in H$. Hence

- $A_{1} A_{2}^{-1}=\left(A_{1} C_{1}^{-1}\right)\left(C_{1} B_{2}^{-1}\right)\left(B_{2} A_{2}^{-1}\right)$,
- $B_{1} B_{2}^{-1}=\left(B_{1} C_{1}^{-1}\right)\left(C_{1} B_{2}^{-1}\right)$ and
- $C_{1} C_{2}^{-1}=\left(C_{1} B_{2}^{-1}\right)\left(B_{2} C_{2}^{-1}\right)$
are contained in $H$. Also it follows from the fact that

$$
\sigma\left(a_{1}\right)=f \text { and } \sigma\left(b_{5}\right)=d_{5}
$$

with a choice of orientations of regular neighbourhoods of the curves, the element $D_{5}$ and $F$ are contained in $H$. By the fact that $A_{1}(f)=e$, $E$ is in $H$. We conclude that $H=T_{12}$.

Theorem 3.4. For $g=2 r+2$, the twist subgroup $\mathcal{T}_{g}$ is generated by the involutions $\rho_{1}, \rho_{2}, \rho_{1} A_{1} B_{2} C_{\frac{r+3}{2}} A_{3}$ and $\sigma$ if $r \geq 7$ and odd.

Proof. Consider the surface $N_{g}$ as in Figure 3. We have

$$
\rho_{1}\left(a_{1}\right)=a_{3}, \rho_{1}\left(b_{2}\right)=b_{2} \text { and } \rho_{1}\left(c_{\frac{r+3}{2}}\right)=c_{\frac{r+3}{2}} .
$$

Since $\tau$ reverses the orientation of a neighbourhood of a two-sided simple closed curve, we get

- $\rho_{1} A_{1} \rho_{1}=A_{3}^{-1}$
- $\rho_{1} B_{2} \rho_{1}=B_{2}^{-1}$ and
- $\rho_{1} C_{\frac{r+3}{2}} \rho_{1}=C_{\frac{r+3}{2}}^{-1}$.

It can be shown that $\rho_{1} A_{1} B_{2} C_{\frac{r+3}{2}} A_{3}$ is an involution. Let $G_{1}=$ $A_{1} B_{2} C_{\frac{r+3}{2}} A_{3}$ and let $K$ be the subgroup of $\mathcal{T}_{g}$ generated by the set

$$
\left\{\rho_{1}, \rho_{2}, \rho_{1} G_{1}, \sigma\right\}
$$

Note that the rotation $R$ is in $K$. By Theorem 3.2, we need to show that the elements $A_{1} A_{2}^{-1}, B_{1} B_{2}^{-1}, C_{1} C_{2}^{-1}, D_{r}$ and $E$ are contained in $K$. It follows from

- $G_{2}=R G_{1} R^{-1}=A_{2} B_{3} C_{\frac{r+5}{2}} A_{4} \in K$,
- $G_{3}=\left(G_{2} G_{1}\right) G_{2}\left(G_{2} G_{1}\right)^{-1^{2}}=B_{2} A_{3} C_{\frac{r+5}{2}} A_{4} \in K$,
- $G_{4}=R G_{3} R^{-1}=B_{3} A_{4} C_{\frac{r+7}{2}} A_{5} \in K$,
- $G_{5}=\left(G_{4} G_{3}\right) G_{4}\left(G_{4} G_{3}\right)^{-1}=A_{3} A_{4} C_{\frac{r+7}{2}} A_{5} \in K$
that

$$
G_{4} G_{5}^{-1}=B_{3} A_{3}^{-1} \in K
$$

Hence, the elements $B_{i} A_{i}^{-1}$ are contained in $K$ by conjugating $B_{3} A_{3}^{-1}$ with powers of $R$. Let

- $G_{6}=R^{\frac{r-3}{2}} G_{4} R^{\frac{3-r}{2}}=B_{\frac{r+3}{2}} A_{\frac{r+5}{2}} C_{2} A_{\frac{r+7}{2}} \in K$,
- $G_{7}=\left(G_{6} G_{4}\right) G_{6}\left(G_{6} G_{4}\right)^{-1}=\stackrel{2}{B_{\frac{r+3}{2}}} A_{\frac{r+5}{2}}^{\frac{2}{2}} B_{3} A_{\frac{r+7}{2}} \in K$ if $r>7$, ( $G_{7}=A_{5} A_{6} B_{3} A_{7} \in K$ if $g=7$ ).
Then

$$
G_{7} G_{6}^{-1}=B_{3} C_{2}^{-1} \in K \text { if } r>7
$$

and

$$
G_{7} G_{6}^{-1} B_{5} A_{5}^{-1}=B_{3} C_{2}^{-1} \in K \text { if } r=7
$$

Therefore, the elements $B_{i+1} C_{i}^{-1}$ are contained in the group $K$ by conjugating $B_{3} C_{2}^{-1}$ with powers of $R$. Let

- $G_{8}=R^{\frac{r-1}{2}} G_{4} R^{\frac{1-r}{2}}=B_{\frac{r+5}{2}} A_{\frac{r+7}{2}} C_{3} A_{\frac{r+9}{2}} \in K$ if $r>7$, ( $G_{8}=B_{6} A_{7} C_{3} A_{1} \in K$ if $r=7$ ),
- $G_{9}=\left(G_{8} G_{4}\right) G_{8}\left(G_{8} G_{4}\right)^{-1}=B_{\frac{r+5}{2}} A_{\frac{r+7}{2}} B_{3} A_{\frac{r+9}{2}} \in K$ if $r>7$. $\left(G_{9}=B_{6} A_{7} B_{3} A_{1} \in K \text { if } r=7\right)^{2}$.
Then

$$
G_{9} G_{8}^{-1}=B_{3} C_{3}^{-1} \in K \text { if } r \geq 7
$$

This implies that the subgroup $K$ contains $B_{i} C_{i}^{-1}$ by conjugating $B_{3} C_{3}^{-1}$ with powers of $R$. The rest of the proof is very similar to the proof of Theorem 3.3.

Theorem 3.5. For $g=2 r+2$, the twist subgroup $\mathcal{T}_{g}$ is generated by the involutions $\rho_{1}, \rho_{2}, \rho_{1} A_{2} C_{\frac{r}{2}} B_{\frac{r+4}{2}} C_{\frac{r+6}{2}}$ and $\sigma$ if $r \geq 6$ and even.

Proof. Consider the surface $N_{g}$ as in Figure 3. The involution $\rho_{1}$ satisfies

$$
\rho_{1}\left(a_{2}\right)=a_{2}, \rho_{1}\left(b_{\frac{r+4}{2}}\right)=b_{\frac{r+4}{2}} \text { and } \rho_{1}\left(c_{\frac{r}{2}}\right)=c_{\frac{r+6}{2}} .
$$

Since $\tau$ reverses the orientation of a neighbourhood of a two-sided simple closed curve, we have

- $\rho_{1} A_{2} \rho_{1}=A_{2}^{-1}$
- $\rho_{1} B_{\frac{r+4}{2}} \rho_{1}=B_{\frac{r+4}{2}}^{-1}$ and
- $\rho_{1} C_{\frac{r}{2}} \rho_{1}=C_{\frac{r+6}{2}}^{-1}$.

It can be shown that $\rho_{1} A_{2} C_{\frac{r}{2}} B_{\frac{r+4}{2}} C_{\frac{r+6}{2}}$ is an involution. Let $H_{1}=$ $A_{2} C_{\frac{r}{2}} B_{\frac{r+4}{2}} C_{\frac{r+6}{2}}$ and let $K$ be the subgroup of $\mathcal{T}_{g}$ generated by the set

$$
\left\{\rho_{1}, \rho_{2}, \rho_{1} H_{1}, \sigma\right\} .
$$

Note that the rotation $R$ is in $K$. By Theorem 3.2, we need to show that the elements $A_{1} A_{2}^{-1}, B_{1} B_{2}^{-1}, C_{1} C_{2}^{-1}, D_{r}$ and $E$ are contained in $K$. Let

- $H_{2}=R H_{1} R^{-1}=A_{3} C_{\frac{r+2}{2}} B_{\frac{r+6}{2}} C_{\frac{r+8}{2}} \in K$,
- $H_{3}=\left(H_{2} H_{1}\right) H_{2}\left(H_{2} H_{1}\right)^{-1}=A_{3} \stackrel{2}{\frac{r+4}{2}}^{C_{\frac{r+6}{2}}} C_{\frac{r+8}{2}} \in K$,
- $H_{4}=R H_{3} R^{-1}=A_{4} B_{\frac{r+6}{2}} C_{\frac{r+8}{2}} C_{\frac{r+10}{2}}^{2} \in K$,
- $H_{5}=\left(H_{4} H_{3}\right) H_{4}\left(H_{4} H_{3}\right)^{-1}=A_{4} C_{\frac{r+6}{2}}^{2} C_{\frac{r+8}{2}} C_{\frac{r+10}{2}} \in K$.

Then, we get

$$
H_{4} H_{5}^{-1}=B_{\frac{r+6}{2}} C_{\frac{r+6}{2}}^{-1} \in K
$$

and

$$
H_{2} H_{3}^{-1}\left(C_{\frac{r+6}{2}} B_{\frac{r+6}{2}}^{-1}\right)=C_{\frac{r+2}{2}} B_{\frac{r+4}{2}}^{-1} \in K .
$$

By conjugating the elements $B_{\frac{r+6}{2}} C_{\frac{r+6}{2}}^{-1}$ and $C_{\frac{r+2}{2}} B_{\frac{r+4}{2}}^{-1}$ with powers of $R$, we conclude that $B_{i} C_{i}^{-1}$ and $C_{i} B_{i+1}^{-1}$ are contained in $K$. Let

$$
\begin{aligned}
& \text { - } H_{6}=\left(B_{\frac{r+6}{}} C_{\frac{r+6}{-1}}^{-1}\right)\left(B_{\frac{r}{2}} C_{\frac{r}{2}}^{-1}\right) H_{1}=B_{\frac{r+6}{2}} B_{\frac{r}{2}} A_{2} B_{\frac{r+4}{2}} \in K, \\
& \text { - } H_{7}=R^{\frac{r-4}{2}} H_{6} R^{\frac{4-r}{2}}=A_{\frac{r}{2}} B_{r-2} B_{r} B_{1} \in K, \\
& \text { - } H_{8}=\left(H_{7} H_{6}\right) H_{7}\left(H_{7} H_{6}\right)^{-1}=B_{\frac{r}{2}} B_{r-2} B_{r} B_{1} \in K .
\end{aligned}
$$

Then

$$
H_{8} H_{7}^{-1}=B_{\frac{r}{2}} A_{\frac{r}{2}}^{-1} \in K
$$

By conjugating with powers of $R, K$ contains $B_{i} A_{i}^{-1}$. The rest of the proof is very similar to the proof of Theorem 3.3.

In the rest of this section, we introduce involution generators for $\mathcal{T}_{g}$ for $g=6,8$ and 10 .

We consider the models for the surface $N_{10}$, where 10 -crosscaps are


Figure 6. The involution $\delta_{1}$ for $g=4 k+2$.


Figure 7. The involution $\delta_{2}$ for $g=4 k+2$.


Figure 8. The involution $\delta_{3}$ for $g=10$.
distributed on the sphere as in Figure 6, 7 and 8. There are reflections, $\delta_{1}, \delta_{2}$ and $\delta_{3}$, of the surface $N_{10}$ in the $x y$-plane such that

- $\delta_{1}\left(x_{i}\right)=x_{i+1}$ if $i=1,5,9$, $\delta_{1}\left(x_{3}\right)=x_{8}, \delta_{1}\left(x_{4}\right)=x_{7}$,
- $\delta_{2}\left(x_{i}\right)=x_{i}$ if $i=2,6,9,10$,
$\delta_{2}\left(x_{1}\right)=x_{3}, \delta_{2}\left(x_{4}\right)=x_{8}, \delta_{2}\left(x_{5}\right)=x_{7}$ and
- $\delta_{3}\left(x_{i}\right)=x_{i}$ if $i=1,4,5,6$,
$\delta_{3}\left(x_{2}\right)=x_{3}, \delta_{3}\left(x_{8}\right)=x_{9}, \delta_{3}\left(x_{7}\right)=x_{10}$.
Recall that $x_{i}$ 's are the generators of $H_{1}\left(N_{g} ; \mathbb{R}\right)$ as shown in Figure 2. Note that the involutions $\delta_{1}, \delta_{2}$ and $\delta_{3}$ reverse the orientation of a neighbourhood of a two-sided simple closed curve. Since $D\left(\delta_{i}\right)=1$, the involutions $\delta_{i}$ are in $\mathcal{T}_{10}$ for $i=1,2,3$.

Theorem 3.6. The twist subgroup $\mathcal{T}_{10}$ is generated by five involutions $\delta_{1}, \delta_{2}, \delta_{2} \delta_{1} \delta_{2} A_{2}, \delta_{1} A_{1}, \delta_{3}$.

Proof. Let $K$ be the subgroup of $\mathcal{T}_{10}$ generated by the set

$$
\left\{\delta_{1}, \delta_{2}, \delta_{2} \delta_{1} \delta_{2} A_{2}, \delta_{1} A_{1}, \delta_{3}\right\}
$$

It is clear that $\delta_{2} \delta_{1} \delta_{2} A_{2}$ and $\delta_{1} A_{1}$ are involutions. It follows from

- $A_{1}=\delta_{1}\left(\delta_{1} A_{1}\right)$ and
- $A_{2}=\left(\delta_{2} \delta_{1} \delta_{2}\right)\left(\delta_{2} \delta_{1} \delta_{2} A_{2}\right)$
that the elements $A_{1}$ and $A_{2}$ are in $K$. Also, It follows from
- $\delta_{2}\left(a_{1}\right)=b_{1}$
- $\delta_{2} \delta_{1}\left(b_{i}\right)=c_{i}$ for $i=1,2,3$ and
- $\delta_{2} \delta_{1}\left(c_{i}\right)=b_{i+1}$ for $i=1,2$
that $B_{i}, C_{i}$ are contained in $K$ for $i=1,2,3$. Moreover, since
- $\delta_{3}\left(c_{3}\right)=d_{4}$,
- $\delta_{1} \delta_{2} \delta_{3} \delta_{1} \delta_{3}\left(c_{1}\right)=b_{4}$ and
- $A_{1} \delta_{3}\left(a_{1}\right)=e$
then the elements $D_{4}, B_{4}$ and $E$ are in $K$. We conclude that $K=\mathcal{T}_{10}$ by Theorem 2.1.

We consider the models for the surface $N_{8}$, where 8-crosscaps are distributed on the sphere as in Figure 9, 10 and 11. There are reflections, $\lambda_{1}, \lambda_{2}$ and $\lambda_{3}$, of the surface $N_{8}$ in the $x y$-plane such that

- $\lambda_{1}\left(x_{i}\right)=x_{i}$ if $i=7,8$, $\lambda_{1}\left(x_{i}\right)=x_{i+1}$ if $i=1,4$ and $\lambda_{1}\left(x_{3}\right)=x_{6}$,
- $\lambda_{2}\left(x_{i}\right)=x_{i}$ if $i=2,5$, $\lambda_{2}\left(x_{1}\right)=x_{3}, \lambda_{2}\left(x_{4}\right)=x_{6}, \lambda_{2}\left(x_{7}\right)=x_{8}$, and
- $\lambda_{3}\left(x_{i}\right)=x_{i}$ if $i=1,4$, $\lambda_{3}\left(x_{2}\right)=x_{3}, \lambda_{3}\left(x_{5}\right)=x_{8}$ and $\lambda_{3}\left(x_{6}\right)=x_{7}$.
Note that the involutions $\lambda_{i}$ reverse the orientation of a neighbourhood of a two-sided simple closed curve for $i=1,2,3$. Since $D\left(\delta_{i}\right)=1$, the involutions $\delta_{i}$ are contained in $\mathcal{T}_{8}$ for $i=1,2,3$.


Figure 9. The involution $\lambda_{1}$ for $g=8$.


Figure 10. The involution $\lambda_{2}$ for $g=8$.


Figure 11. The involution $\lambda_{3}$ for $g=8$.

Theorem 3.7. The twist subgroup $\mathcal{T}_{8}$ is generated by five involutions $\lambda_{1}, \lambda_{2}, \lambda_{2} \lambda_{1} \lambda_{2} A_{2}, \lambda_{1} A_{1}$ and $\lambda_{3}$.

Proof. Let $K$ be the subgroup of $\mathcal{T}_{8}$ generated by the set

$$
\left\{\lambda_{1}, \lambda_{2}, \lambda_{2} \lambda_{1} \lambda_{2} A_{2}, \lambda_{1} A_{1}, \lambda_{3}\right\}
$$

It is clear that $\lambda_{2} \lambda_{1} \lambda_{2} A_{2}$ and $\lambda_{1} A_{1}$ are involutions. It follows from

- $A_{1}=\lambda_{1}\left(\lambda_{1} A_{1}\right)$ and
- $A_{2}=\left(\lambda_{2} \lambda_{1} \lambda_{2}\right)\left(\lambda_{2} \lambda_{1} \lambda_{2} A_{2}\right)$
that the elements $A_{1}$ and $A_{2}$ are in $K$. Also, It follows from
- $\lambda_{2} \lambda_{1}\left(a_{1}\right)=b_{1}$,
- $\lambda_{2} \lambda_{1}\left(b_{i}\right)=c_{i}$ for $i=1,2$,
- $\lambda_{2} \lambda_{1}\left(c_{1}\right)=b_{2}$,
- $\lambda_{3}\left(c_{2}\right)=d_{3}$,
- $\lambda_{1} \lambda_{2} \lambda_{3} \lambda_{1} \lambda_{3}\left(c_{1}\right)=b_{3}$ and
- $A_{1} \lambda_{3}\left(a_{1}\right)=e$
that all generators of $\mathcal{T}_{8}$ given in Theorem 2.1 are contained in $K$. This completes the proof.


Figure 12. The involution $\xi_{1}$ for $g=6$.


Figure 13. The involution $\xi_{2}$ for $g=6$.

We consider the models for the surface $N_{6}$, where 6 -crosscaps are distributed on the sphere as in Figure 6, 7, 12 and 13. There are reflections $\delta_{1}, \delta_{2}, \xi_{1}$ and $\xi_{2}$ such that

- $\delta_{1}\left(x_{i}\right)=x_{i+1}$ if $i=1,3,5$,
- $\delta_{2}\left(x_{i}\right)=x_{i}$ if $i \neq 1,3$ and $\delta_{2}\left(x_{1}\right)=x_{3}$,
- $\xi_{1}\left(x_{i}\right)=x_{i}$ if $i \neq 2,3$ and $\xi_{1}\left(x_{2}\right)=x_{3}$ and
- $\xi_{2}\left(x_{i}\right)=x_{i+1}$ if $i=1,4$ and $\xi_{2}\left(x_{3}\right)=x_{6}$.

Note that the involutions $\delta_{i}$ and $\xi_{i}$ reverse the orientation of a neighbourhood of a two-sided simple closed curve for $i=1,2$. We obtain that $D\left(\delta_{i}\right)=D\left(\xi_{i}\right)=1$, the twist subgroup $\mathcal{T}_{8}$ contains the involutions $\delta_{i}$ and $\xi_{i}$ for $i=1,2$.

Theorem 3.8. The twist subgroup $\mathcal{T}_{6}$ is generated by six involutions $\delta_{1}, \delta_{2}, \delta_{2} \delta_{1} \delta_{2} A_{2}, \delta_{1} A_{1}, \xi_{1}$ and $\xi_{2}$.
Proof. Let $K$ be the subgroup of $\mathcal{T}_{6}$ generated by the set

$$
\left\{\delta_{1}, \delta_{2}, \delta_{2} \delta_{1} \delta_{2} A_{2}, \delta_{1} A_{1}, \xi_{1}, \xi_{2}\right\}
$$

It is clear that $\delta_{2} \delta_{1} \delta_{2} A_{2}$ and $\delta_{1} A_{1}$ are involutions. It follows from

- $A_{1}=\delta_{1}\left(\delta_{1} A_{1}\right)$ and
- $A_{2}=\left(\delta_{2} \delta_{1} \delta_{2}\right)\left(\delta_{2} \delta_{1} \delta_{2} A_{2}\right)$
that the elements $A_{1}$ and $A_{2}$ are in $K$. Also, It follows from
- $\delta_{2}\left(a_{1}\right)=b_{1}$,
- $\delta_{2} \delta_{1}\left(b_{1}\right)=c_{1}$,
- $\delta_{1} \delta_{2} \xi_{2}\left(b_{1}\right)=b_{2}$,
- $\xi_{2}\left(c_{1}\right)=d_{2}$ and
- $A_{1} \xi_{1}\left(a_{1}\right)=e$
that all generators of $\mathcal{T}_{6}$ given in Theorem 2.1 are contained in $K$. This completes the proof.


## 4. The odd case

For $g=4 k+1$, we work with two models for $N_{g}$ : one is on the left hand side of Figure 14, the other one is depicted in Figure 15.
The model in Figure 14 is the nonorientable surface obtained from $\mathbb{S}^{2}$ embedded in $\mathbb{R}^{3}$ and by deleting the interiors of $g$-disjoint disks and identifying the antipodal points on the boundary of each removed disks, say $\mathcal{C}_{i}$. Moreover, each crosscap $\mathcal{C}_{i}$ is in a circular position with the second crosscap $\mathcal{C}_{2}$ on the $+z$-axis and the rotation $T$ by $\frac{2 \pi}{g}$ about $x$-axis maps the crosscap $C_{i}$ to $C_{i+1}$. The model in Figure 15 is obtained from a genus $r$ orientable surface by deleting the interior of a disk and identifying the antipodal points on the boundary. Moreover, the genus $r$ surface minus a disk is embedded in $\mathbb{R}^{3}$ in such a way that


Figure 14. The involutions $\tau_{1}$ and $\tau_{2}$.


Figure 15. The involutions $\rho_{1}$ and $\rho_{2}$ for $g=2 r+1$.
each genus is in a circular position with the second genus on the $+z$ axis and the rotation $R$ by $\frac{2 \pi}{r}$ about $x$-axis maps the curve $b_{i}$ to $b_{i+1}$ for $i=1, \ldots, r-1$ and $b_{r}$ to $b_{1}$.
We use the explicit homeomorphism constructed in [15, Section 3] to
identify the models in Figure 1 and Figure 15. In Figure 15, one crosscap is on the $+x$-axis. Note that the surface $N_{g}$ is invariant under the two involutions $\rho_{1}$ and $\rho_{2}$ where $\rho_{1}$ is the reflection in the $x z$-plane and $\rho_{2}$ is the reflection in the plane $z=\tan \left(\frac{\pi}{r}\right) y$ as in Figure 15. The rotations $\rho_{1}$ and $\rho_{2}$ satisfy $D\left(\rho_{1}\right)=D\left(\rho_{2}\right)=1$ if $g=4 k+1$. In this case, the twist subgroup $\mathcal{T}_{g}$ contains $\rho_{1}$ and $\rho_{2}$. Observe that the rotation $R=\rho_{2} \rho_{1}$.

For $g=4 k+3$, we work with the model on the right hand side of Figure 14. This surface is a genus- $g$ nonorientable surface obtained from $\mathbb{S}^{2}$ embedded in $\mathbb{R}^{3}$ and by deleting the interiors of $g$-disjoint disks and identifying the antipodal points on the boundary of each removed disks, say $\mathcal{C}_{i}$. Moreover, each crosscap $\mathcal{C}_{i}$ for $i=1, \ldots, g-2$ is in a circular position with the second crosscap $\mathcal{C}_{2}$ on the $+z$-axis, the rotation $T$ by $\frac{2 \pi}{g-2}$ about $x$-axis maps the crosscap $\mathcal{C}_{i}$ to $\mathcal{C}_{i+1}$ for $i=1, \ldots, g-3$. The crosscap $\mathcal{C}_{g-1}$ is on the $+x$-axis and $\mathcal{C}_{g}$ is obtained by rotating $\mathcal{C}_{g-1}$ by $\pi$ about $+z$-axis. Note that the surface $N_{g}$ is invariant under the two reflections $\tau_{1}$ and $\tau_{2}$ where $\tau_{1}$ is the reflection in the $z$-axis and $\tau_{2}$ is the reflection in the plane $z=\tan \left(\frac{\pi}{r}\right) y$ as in Figure 14. The reflections $\tau_{1}$ and $\tau_{2}$ satisfy $D\left(\tau_{1}\right)=D\left(\tau_{2}\right)=1$ if $r$ is even, which implies that $\tau_{1}$ and $\tau_{2}$ are contained in the twist subgroup $\mathcal{T}_{g}$.
Recall that in Theorem 3.2 we give a generating set for $\mathcal{T}_{g}$ when $g$ is even. We have the following generators when $g$ is odd.

Theorem 4.1. Let $r \geq 3$ and $g=2 r+1$. Then the twist subgroup $\mathcal{T}_{g}$ is generated by the elements $R, A_{1} A_{2}^{-1}, B_{1} B_{2}^{-1}, C_{1} C_{2}^{-1}$ and $E$.

Proof. Let $G$ be the subgroup of $\mathcal{T}_{g}$ generated by the set

$$
\left\{R, A_{1} A_{2}^{-1}, B_{1} B_{2}^{-1}, C_{1} C_{2}^{-1}, E\right\}
$$

if $g=2 r+1$. Let $\mathcal{S}$ denote the set of isotopy classes of two-sided non-separating simple closed curves on $N_{g}$. Define a subset $\mathcal{G}$ of $\mathcal{S} \times \mathcal{S}$ as

$$
\mathcal{G}=\left\{(a, b): A B^{-1} \in G\right\}
$$

The set $\mathcal{G}$ defines an equivalence relation on $\mathcal{S}$ which satisfies $G$-invariance property, that is,

$$
\text { if }(a, b) \in \mathcal{G} \text { and } H \in G \text { then }(H(a), H(b)) \in \mathcal{G}
$$

Then it follows from the proof of Theorem 3.1 that the Dehn twists $A_{i}$ and $B_{i}$ for $i=1, \ldots, r$ are contained in $G$. Also, $G$ contains $C_{j}$ for $j=1, \ldots, r-1$. Since all generators given in Theorem 2.1 are contained in the group $G$. We conclude that $G=\mathcal{T}_{g}$.


Figure 16. The involution $\beta$ for $g=2 r+1$.

Let $g=2 r+1$ and consider the surface $N_{g}$, where $g$-crosscaps are distributed on $\mathbb{S}^{2}$ as in Figure 16. First, we introduce a reflection $\beta$ on $N_{g}$ in the $x y$-plane such that

- $\beta\left(a_{1}\right)=f$,
- $\beta\left(x_{2}\right)=x_{3}, \beta\left(x_{4}\right)=x_{5}$ and
- $\beta\left(x_{1}\right)=x_{1}, \beta\left(x_{i}\right)=x_{i}$ for $i=6,7, \ldots, g$.

The involution $\beta$ reverses the orientation of a neighbourhood of a twosided simple closed curve. It satisfies $D(\beta)=1$ and hence $\beta$ is an element of $\mathcal{T}_{g}$.
For the remaining generators of the following theorem we refer to Figures 15 and 16.

Theorem 4.2. For $g=4 k+1$ and $k \geq 3$, the twist subgroup $\mathcal{T}_{g}$ is generated by the four involutions $\rho_{1}, \rho_{2}, \rho_{1} A_{2} C_{\frac{r}{2}} B_{\frac{r+4}{2}} C_{\frac{r+6}{2}}$ and $\beta$, where $r=2 k$.

Proof. Consider the surface $N_{g}$ as in Figure 15. The involution $\rho_{1}$ satisfies

$$
\rho_{1}\left(a_{2}\right)=a_{2}, \rho_{1}\left(b_{\frac{r+4}{2}}\right)=b_{\frac{r+4}{2}} \text { and } \rho_{1}\left(c_{\frac{r}{2}}\right)=c_{\frac{r+6}{2}} .
$$

Since $\rho_{1}$ reverses the orientation of a neighbourhood of a two-sided simple closed curve, we have

- $\rho_{1} A_{2} \rho_{1}=A_{2}^{-1}$
- $\rho_{1} B_{\frac{r+4}{2}} \rho_{1}=B_{\frac{r+4}{2}}^{-1}$ and
- $\rho_{1} C_{\frac{r}{2}} \rho_{1}=C_{\frac{r+6}{2}}^{-1}$.

It can be shown that $\rho_{1} A_{2} C_{\frac{r}{2}} B_{\frac{r+4}{2}} C_{\frac{r+6}{2}}$ is an involution. Let $H$ be the subgroup of $\operatorname{Mod}\left(N_{g}\right)$ generated by the set

$$
\left\{\rho_{1}, \rho_{2}, \rho_{1} A_{2} C_{\frac{r}{2}} B_{\frac{r+4}{2}} C_{\frac{r+6}{2}}, \beta\right\} .
$$

Observe that $R=\rho_{1} \rho_{2} \in K$. By the proof of Theorem 3.5, the elements $A_{1} A_{2}^{-1}, B_{1} B_{2}^{-1}$ and , $C_{1} C_{2}^{-1}$ belong to $H$. Since $A_{1} \beta\left(a_{1}\right)=e$, the element $E$ is in $H$. We conclude that $\mathcal{T}_{g}=H$ by Theorem 4.1.

Although we give a generating set of 4 involutions, for completeness of the applications of our method, first we give the following theorem.

Theorem 4.3. For $g=4 k+1$ and $k \geq 1$, the twist subgroup $\mathcal{T}_{g}$ is generated by the five involutions $\tau_{1}, \tau_{2}, \tau_{1} \tau_{2} \tau_{1} A_{2}, \tau_{2} A_{1}$ and $\beta$.

Proof. Let $K$ be the subgroup of $\mathcal{T}_{g}$ generated by the set

$$
\left\{\tau_{1}, \tau_{2}, \tau_{1} \tau_{2} \tau_{1} A_{2}, \tau_{2} A_{1}, \beta\right\}
$$

Note that the rotation $T=\tau_{1} \tau_{2}$ is contained in $K$. It follows from

- $A_{1}=\tau_{2} \tau_{2} A_{1}$ and
- $A_{2}=\left(\tau_{1} \tau_{2}\right) \tau_{1}\left(\tau_{1} \tau_{2} \tau_{1}\right) A_{2}$
that the elements $A_{1}$ and $A_{2}$ are in $K$. By conjugating $A_{1}$ with powers of $T, \mathcal{T}_{g}$ contains the elements $B_{i}$ and $C_{i}$. Moreover, it follows from $\beta\left(a_{1}\right)=f$ that the element $F$ is in $K$. Since $A_{1}(f)=e$, we get $E \in K$. This finishes the proof by Theorem 2.1.

In the next theorem, we present four involutions to generate particularly $\mathcal{T}_{5}$ and $\mathcal{T}_{9}$. This completes the case $g=4 k+1$ and $k \geq 1$. First, recall that $A_{1}, A_{2}, B_{1}, B_{2}, C_{1}$ and $E$ generate $\mathcal{T}_{5}$ and $A_{1}, A_{2}, B_{1}, B_{2}, B_{3}, B_{4}$, $C_{1}, C_{2}, C_{3}$ and $E$ generate $\mathcal{T}_{9}$. We use the following three involutions $\gamma, S \gamma$ and $S^{2 k-2}(S \gamma) S^{2-2 k} A_{2}$ of the generating set given in [18, Theorem 5]. The involution $\gamma$ is defined as the reflection in the $x z$-plane where the crosscaps are distributed along the equator on $\mathbb{S}^{2}$. The map $S$ is defined as the composition $B_{2 k} C_{2 k-1} B_{2 k-1} \cdots C_{1} B_{1} A_{1}$. Note that $D(\gamma)=D(S \gamma)=D\left(S^{2 k-2}(S \gamma) S^{2-2 k} A_{2}\right)=1$.

Theorem 4.4. The twist subgroups $\mathcal{T}_{5}$ and $\mathcal{T}_{9}$ can be generated by the involutions $\gamma, S \gamma, S^{2 k-2}(S \gamma) S^{2-2 k} A_{2}$ and $\beta$ for $k=1,2$.

Proof. The generator $A_{1}$ can be obtained by $S$ and $A_{2}$ [7, Theorem 5]. By conjugating with powers of $S$, it is easy to see that the elements $B_{i}$ and $C_{i}$ belong to $\mathcal{T}_{g}$. Also, the generator $E$ is contained in $\mathcal{T}_{g}$ since $A_{1} \beta\left(a_{1}\right)=e$.

Now, let $g=4 k+3$ and consider $N_{g}$, where $g$-crosscaps are distributed over $\mathbb{S}^{2}$ as in Figure 17. The surface $N_{g}$ is symmetrical in the $x y$-plane. Let $\mu$ be the reflection in the $x y$-plane. Note that the linear map associated to the involution $\mu$ satisfies $D(\mu)=1$ if $k \geq 2$. Therefore, the involution $\mu$ is in $\mathcal{T}_{g}$ for $k \geq 2$.


Figure 17. The involution $\mu$ for $g=4 k+3$.
Theorem 4.5. For $g=4 k+3$ and $k \geq 2$, the twist subgroup $\mathcal{T}_{g}$ is generated by the five involutions $\tau_{1}, \tau_{2}, \tau_{1} \tau_{2} \tau_{1} A_{2}, \tau_{2} A_{1}$ and $\mu$.
Proof. Let $K$ be the subgroup of $\mathcal{T}_{g}$ generated by the set

$$
\left\{\tau_{1}, \tau_{2}, \tau_{1} \tau_{2} \tau_{1} A_{2}, \tau_{2} A_{1}, \mu\right\}
$$

Note that the rotation $T=\tau_{1} \tau_{2}$ is contained in $K$. It follows from

- $A_{1}=\tau_{2}\left(\tau_{2} A_{1}\right)$ and
- $A_{2}=\left(\tau_{1} \tau_{2} \tau_{1}\right)\left(\tau_{1} \tau_{2} \tau_{1} A_{2}\right)$
that the elements $A_{1}$ and $A_{2}$ are in $K$. By conjugating $A_{1}$ with powers of $T, \mathcal{T}_{g}$ contains the elements $B_{i}$ for $i=1, \ldots, 2 k$ and $C_{j}$ for $j=1, \ldots, 2 k-1$.
Let $T\left(b_{2 k}\right)=x$ and $\mu(x)=y$. Then the elements $X$ and $Y$ are contained in $K$ by the fact that $B_{2 k}$ is in $K$.
It follows from
- $T^{-1}(y)=c_{2 k}$,
- $\mu\left(b_{2 k}\right)=b_{2 k+1}$
that $C_{2 k}$ and $B_{2 k+1}$ are contained in $K$. This completes the proof by Theorem 2.1.

For the surface $N_{7}$, we introduce two involutions, $\sigma_{1}$ and $\sigma_{2}$, shown in Figure 18 and 19. In these figures, the surface is symmetric with respect to the $x y$-plane. Both $\sigma_{1}$ and $\sigma_{2}$ are reflections in the $x y$-plane and $D\left(\sigma_{1}\right)=D\left(\sigma_{2}\right)=1$. Hence, both $\sigma_{1}$ and $\sigma_{2}$ belong to $\mathcal{T}_{7}$. For the remaining generators in the following theorem we refer to the model on the right hand side of Figure 14.

Theorem 4.6. The twist subgroup $\mathcal{T}_{7}$ is generated by the six involutions $\tau_{1}, \tau_{2}, \tau_{1} \tau_{2} \tau_{1} A_{2}, \tau_{2} A_{1}, \sigma_{1}$ and $\sigma_{2}$.


Figure 18. The involution $\sigma_{1}$ for $g=7$.


Figure 19. The involution $\sigma_{2}$ for $g=7$.

Proof. Let $K$ be the subgroup of $\mathcal{T}_{g}$ generated by the set

$$
\left\{\tau_{1}, \tau_{2}, \tau_{1} \tau_{2} \tau_{1} A_{2}, \tau_{2} A_{1}, \sigma_{1}, \sigma_{2}\right\}
$$

Note that the rotation $T=\tau_{1} \tau_{2}$ is contained in $K$. It follows from

- $A_{1}=\tau_{2}\left(\tau_{2} A_{1}\right)$ and
- $A_{2}=\left(\tau_{1} \tau_{2} \tau_{1}\right)\left(\tau_{1} \tau_{2} \tau_{1} A_{2}\right)$
that the elements $A_{1}$ and $A_{2}$ are in $K$. By conjugating $A_{1}$ with powers of $T, \mathcal{T}_{g}$ contains the elements $B_{1}, C_{1}$ and $B_{2}$.
Let $T\left(b_{2}\right)=x$ and $\sigma_{2}(x)=y$. Then the elements $X$ and $Y$ are contained in $K$. It follows from
- $T^{-1}(y)=c_{2}$,
- $\sigma_{2}\left(b_{2}\right)=b_{3}$
that $C_{2}$ and $B_{3}$ are contained in $K$. Moreover, since $A_{1} \sigma_{1}\left(a_{1}\right)=e$, $E \in K$, which completes the proof by Theorem 2.1.


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